

# Animated Intrinsics of the Hand

(Master Edition)

Presented by:

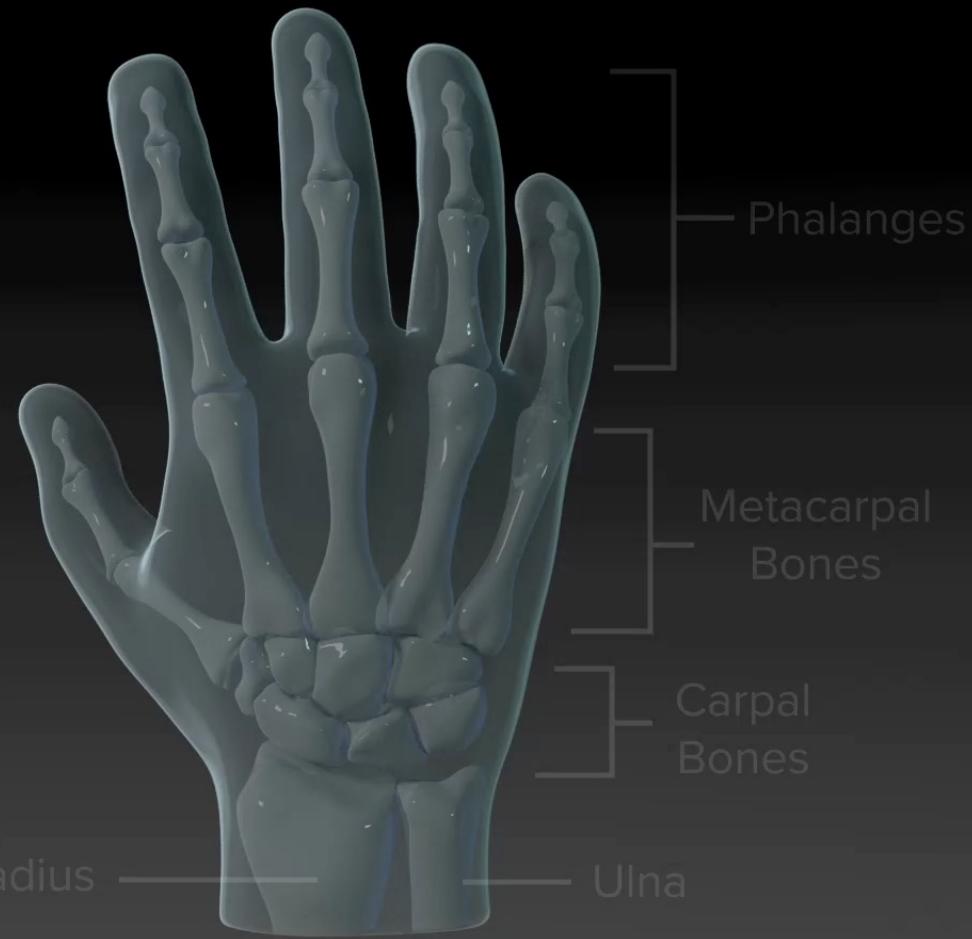
Mike Cricchio, MBA, OT/L, CHT

Hand & Upper Extremity  
Conference Series LLC





Distal



Dorsal Hand

Proximal











Extensor Retinaculum



Dorsal Hand

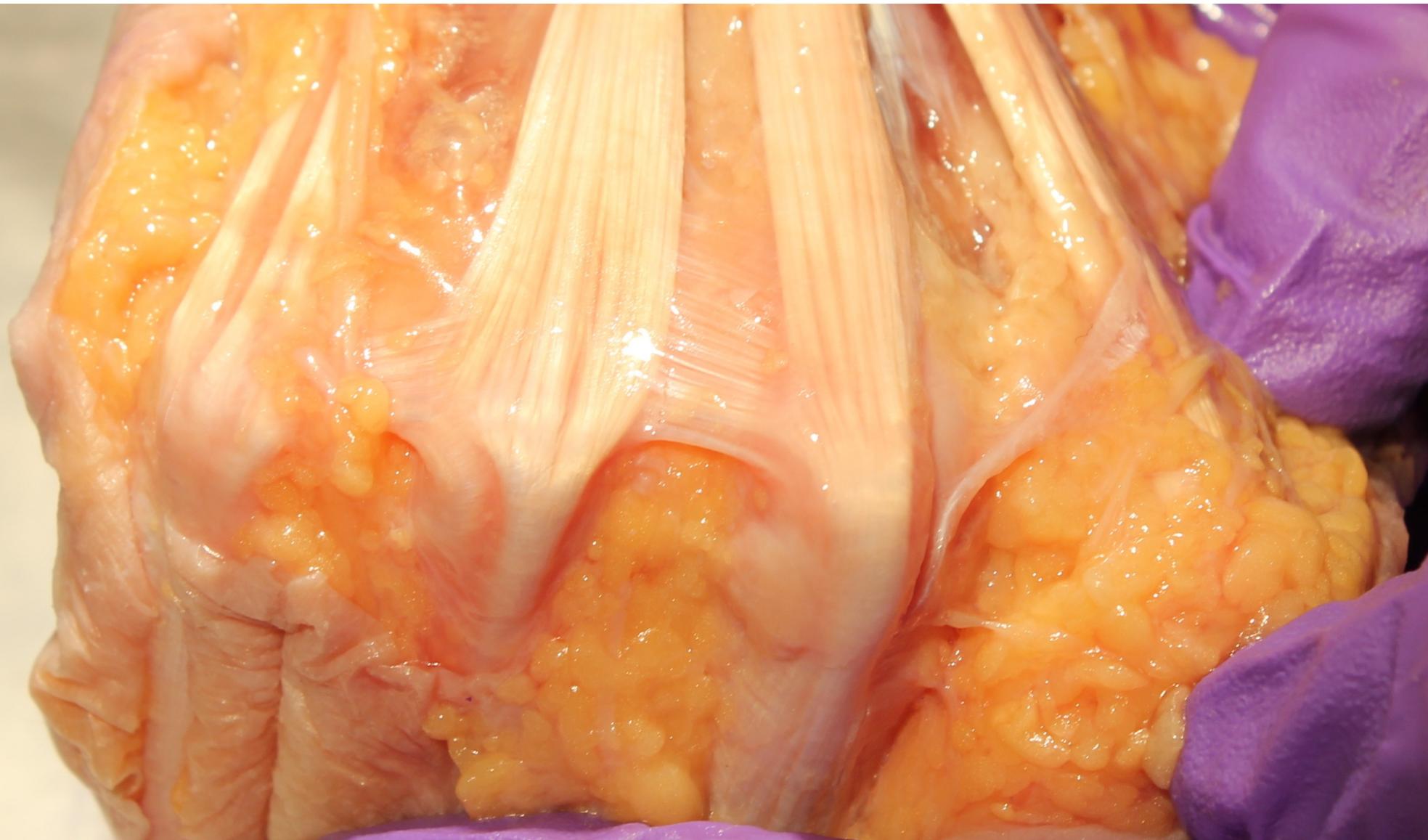
Juncturae Tendium



Dorsal Hand





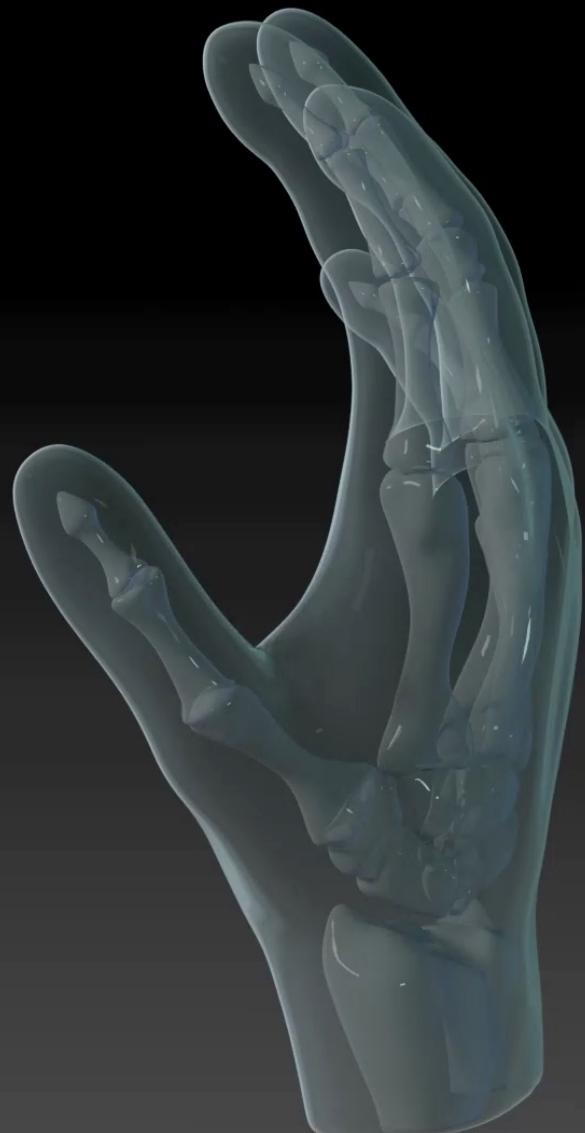




Hand & Upper Extremity Conference Series

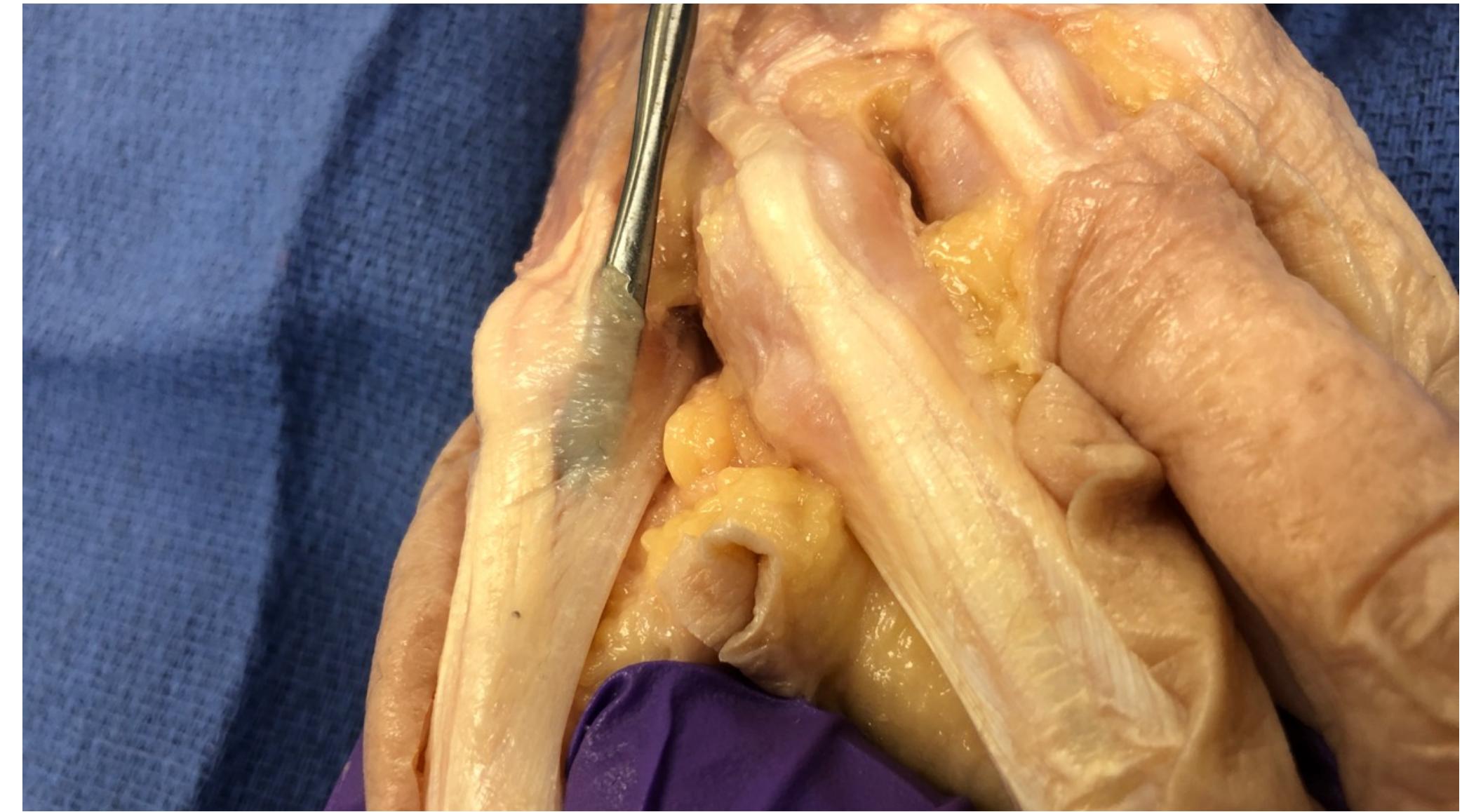


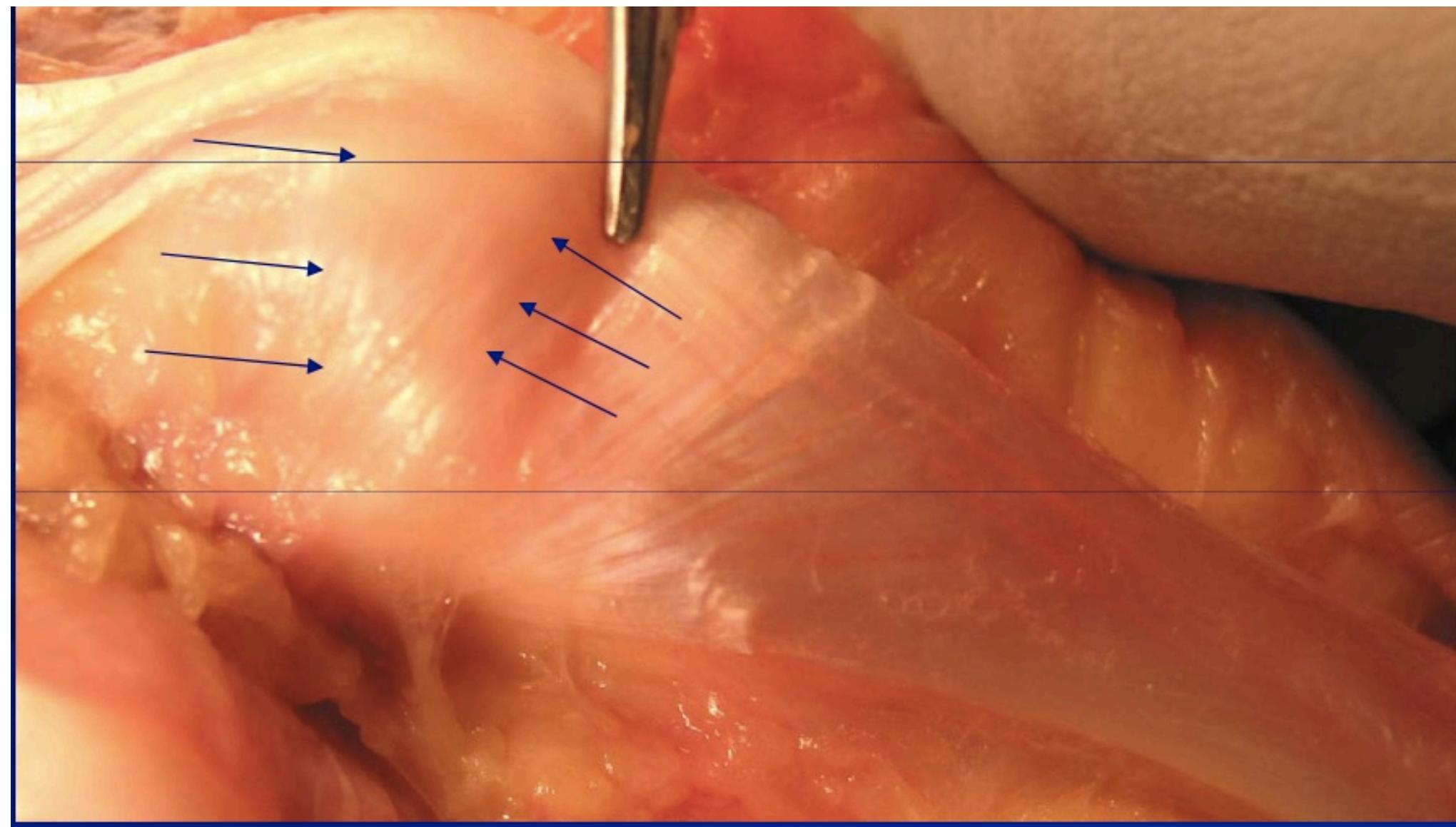
Volar Plates of Metacarpal  
Phalangeal Joint

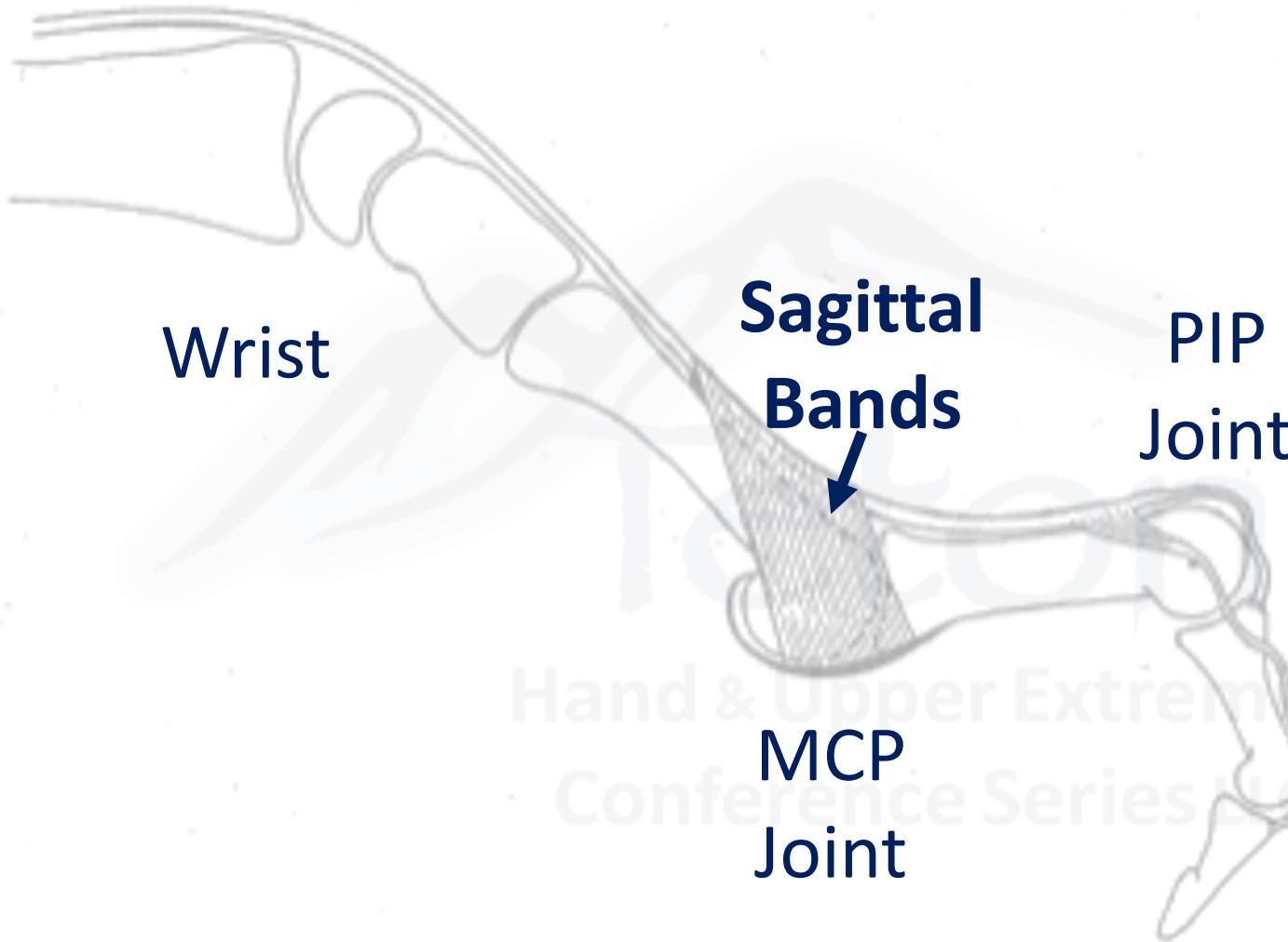


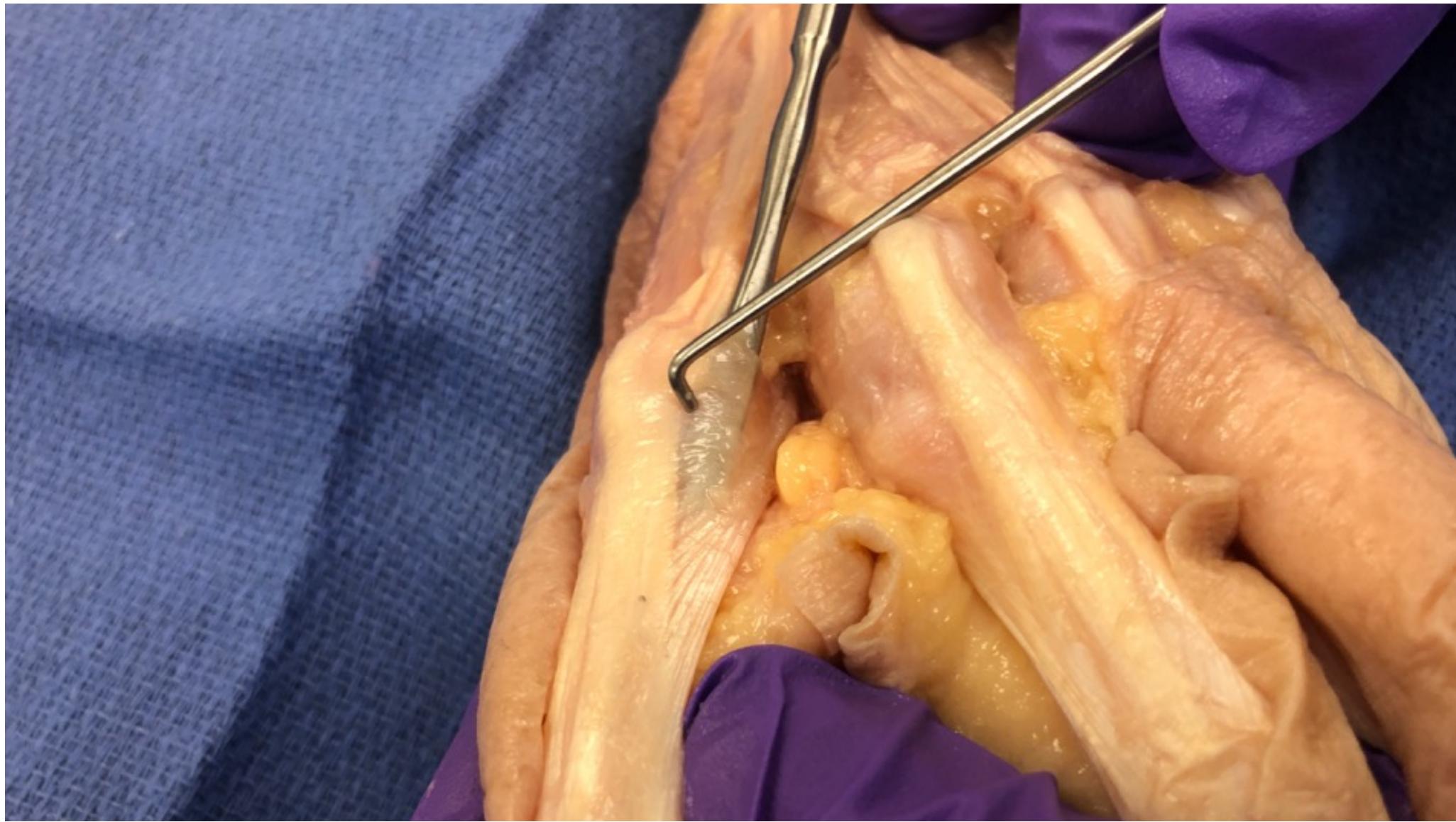
Palmar Hand









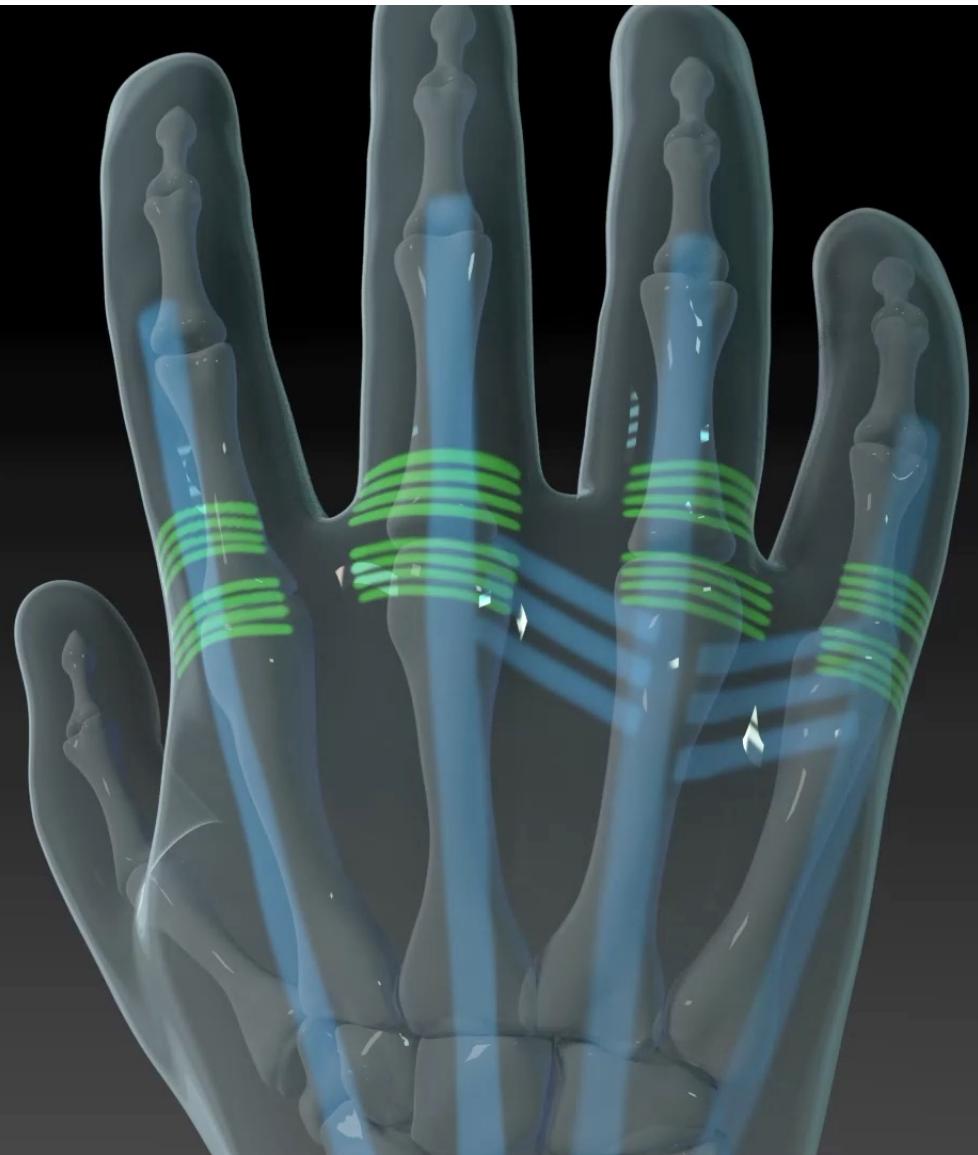




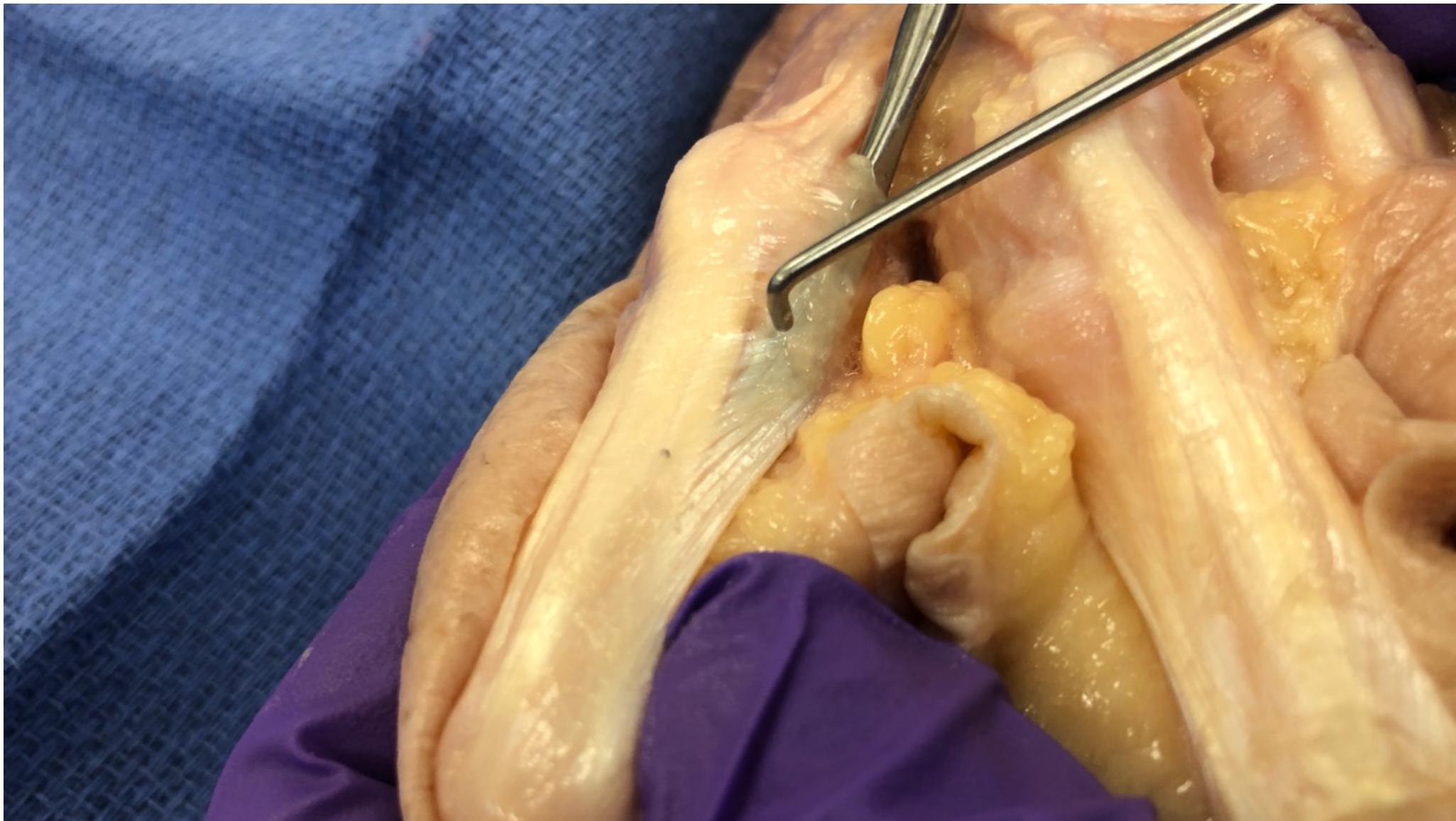
Hand & Upper Extremity Conference Series

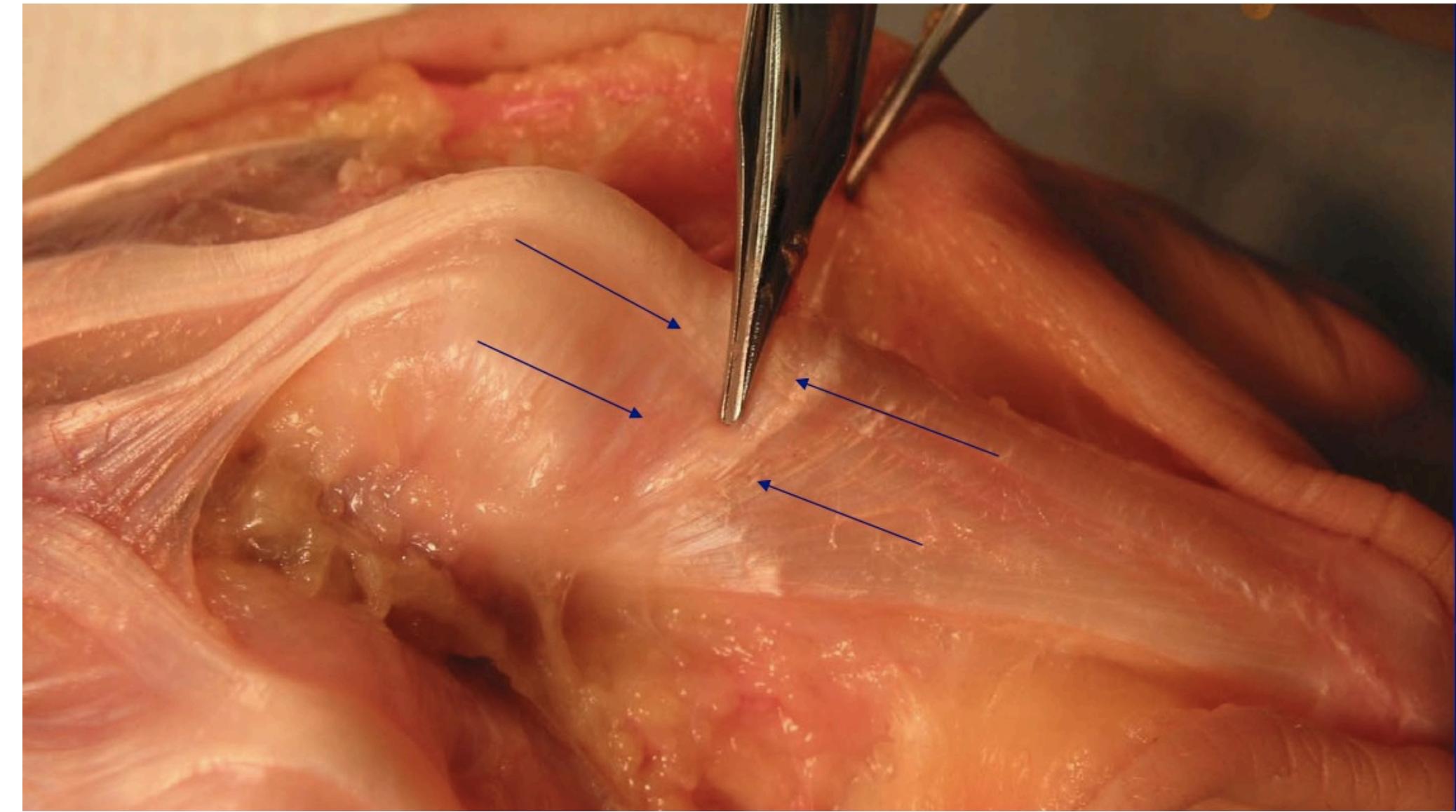


Transverse Fibers

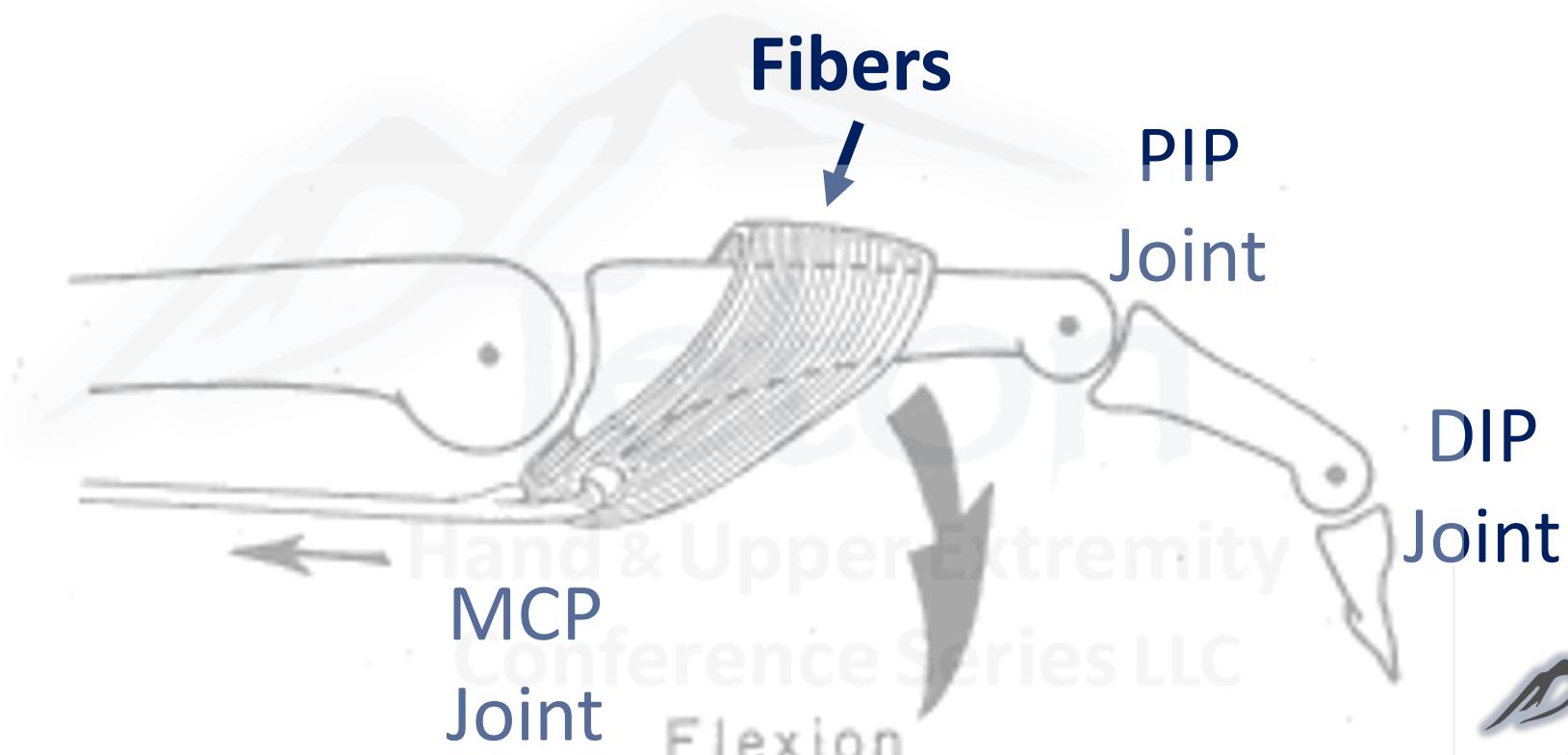


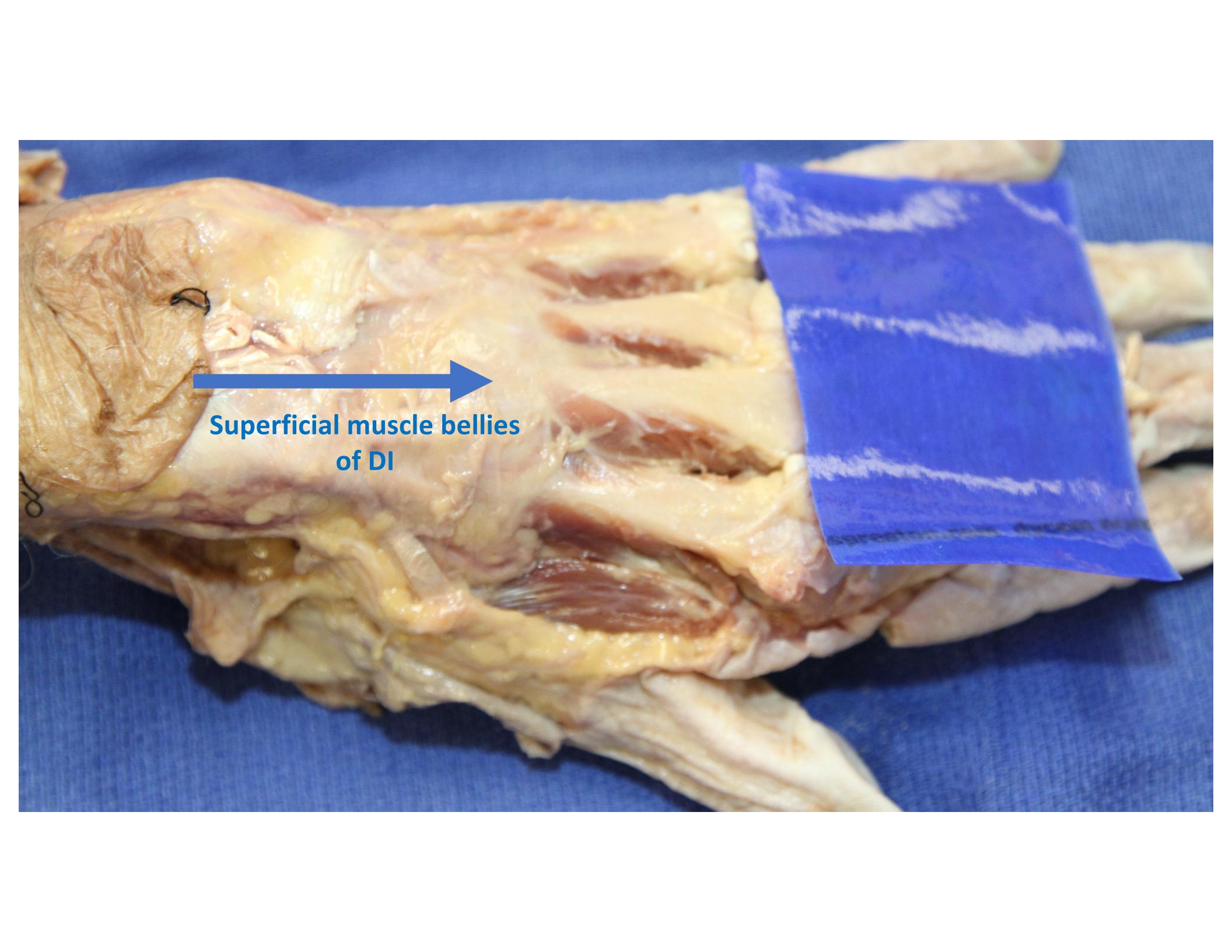
Dorsal Hand





## Transverse Fibers





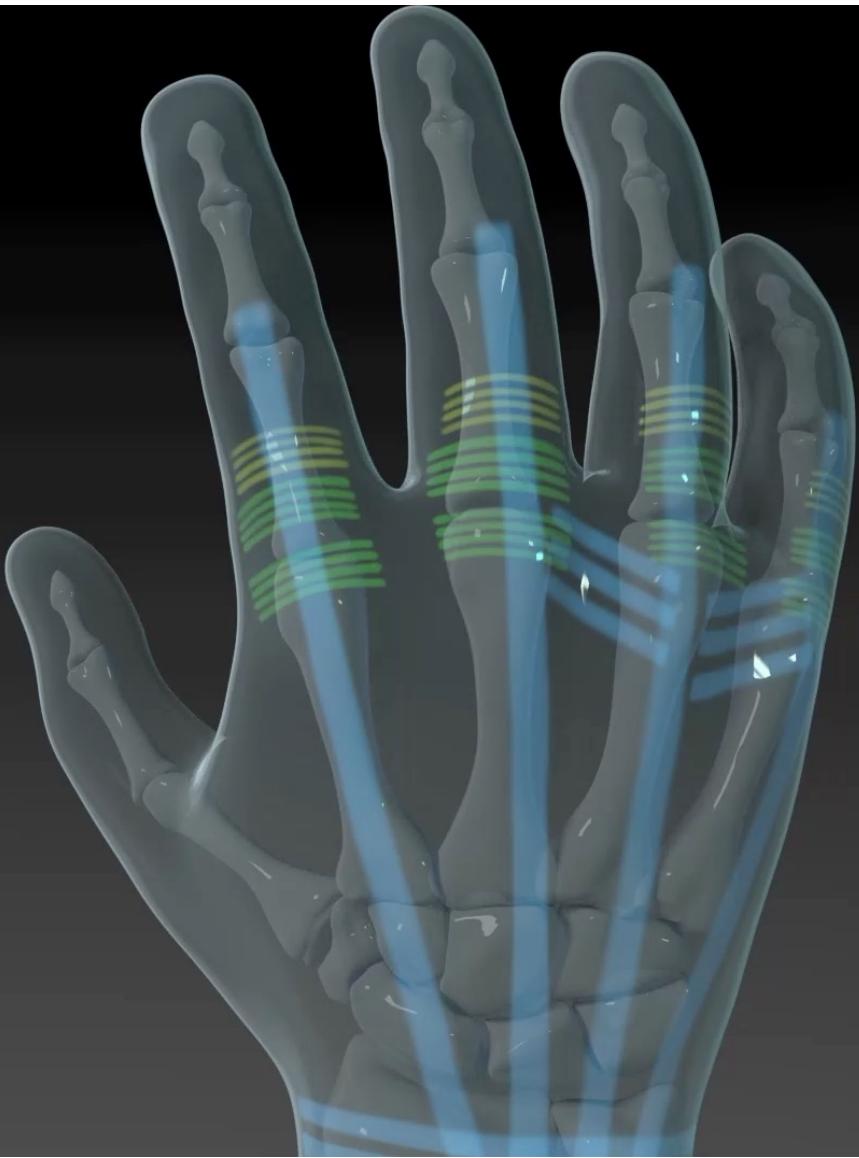
Superficial muscle bellies  
of DI

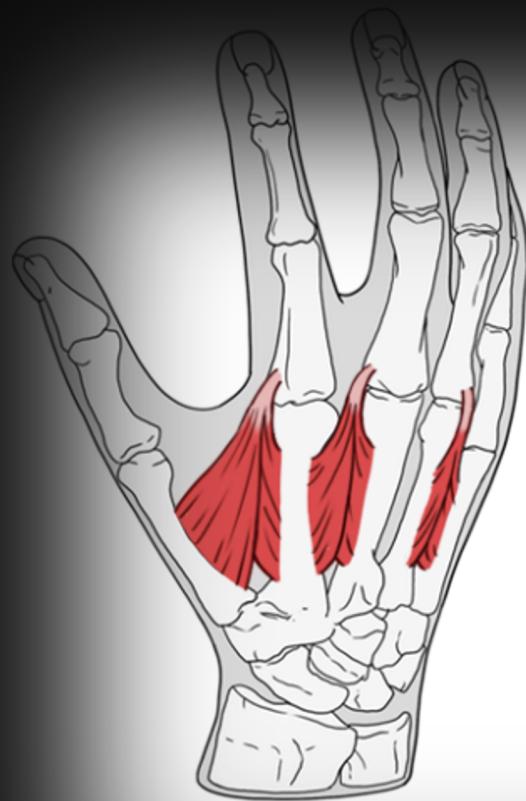


## Superficial Dorsal Interossei

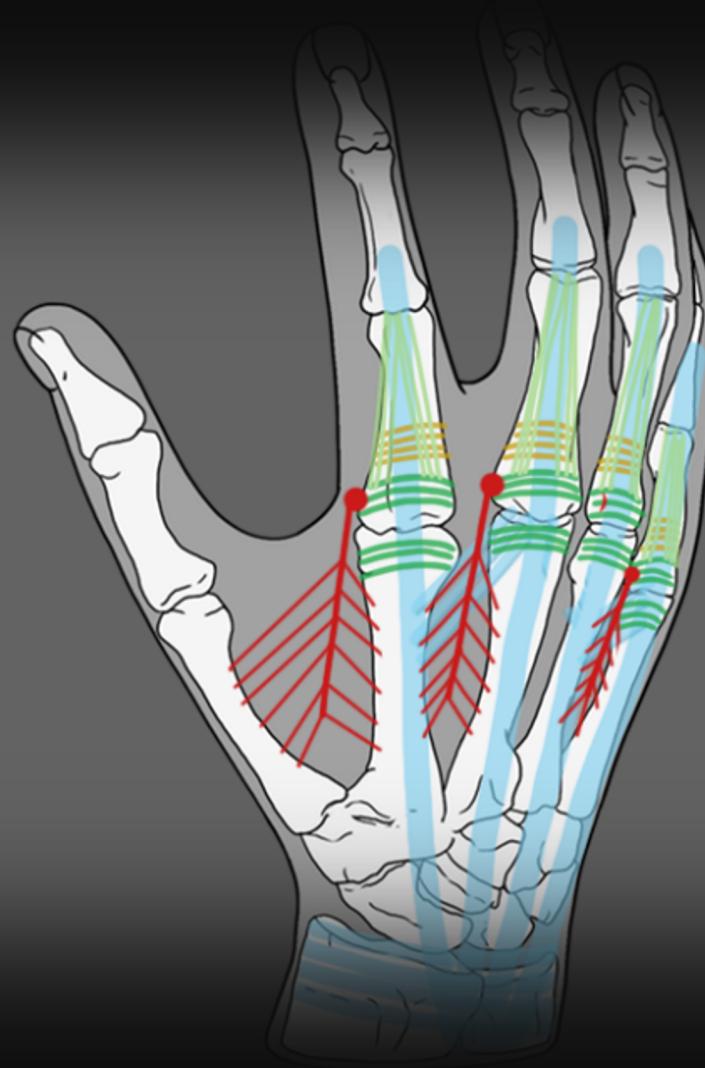


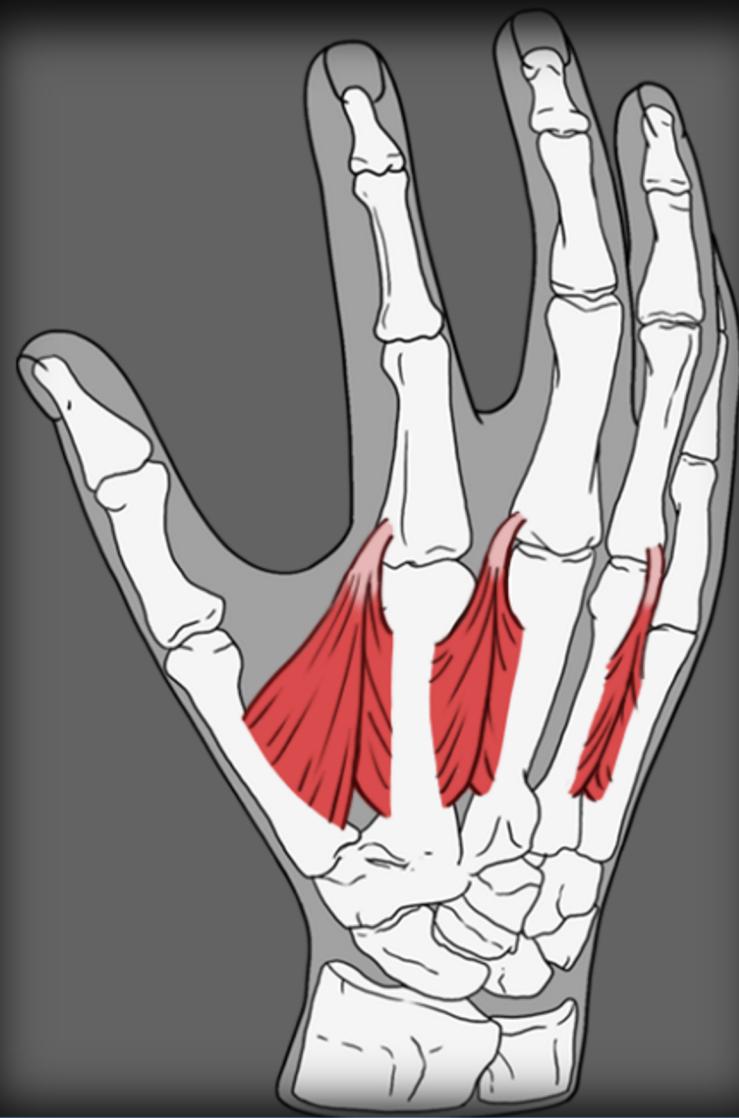
Dorsal Hand

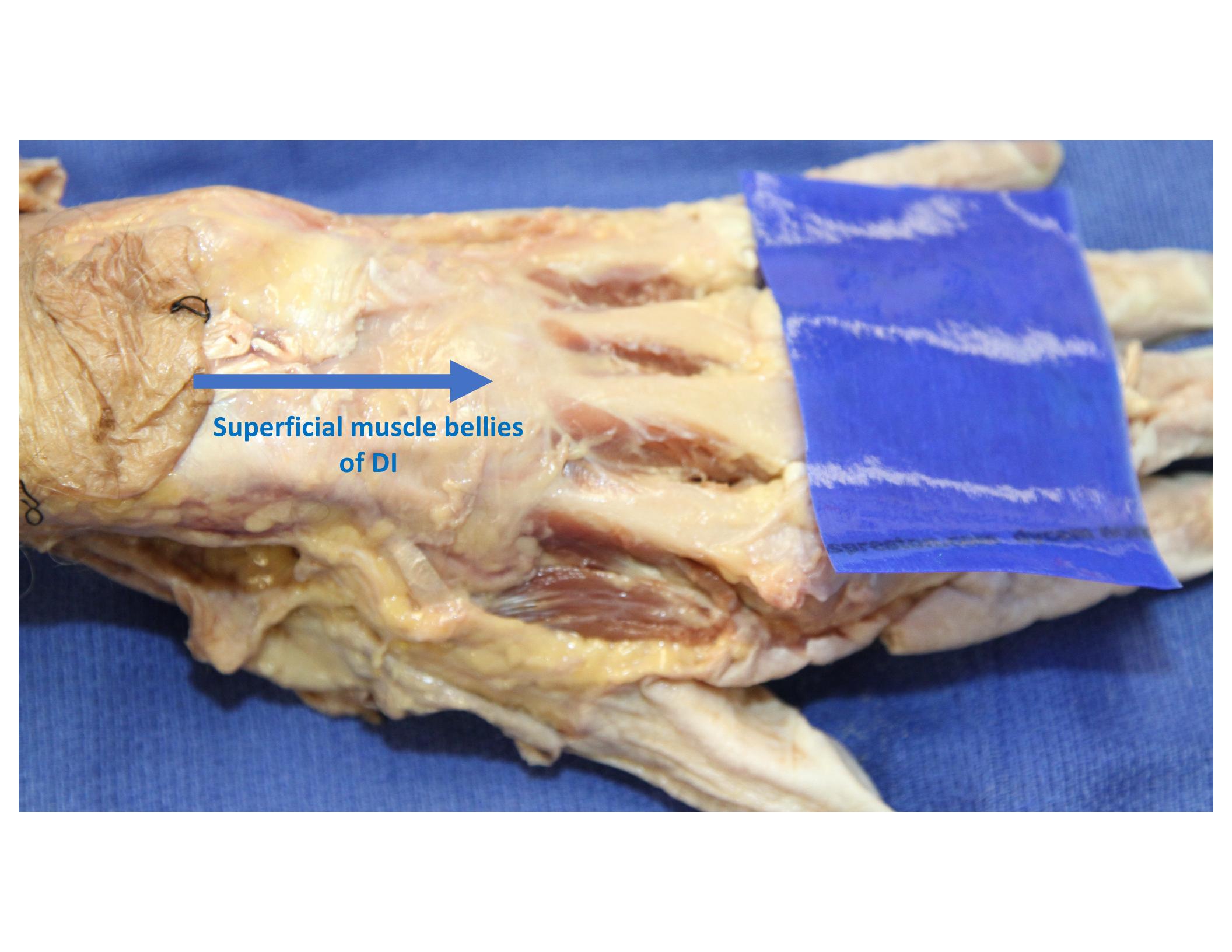




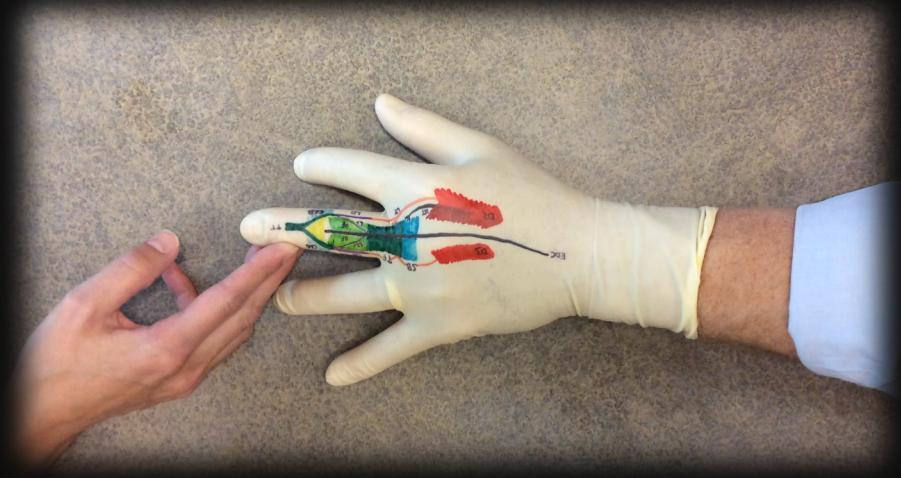
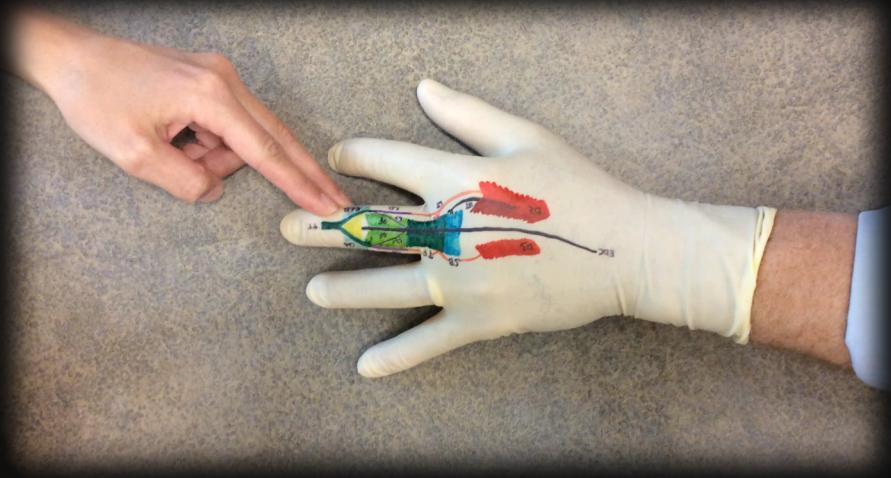
O - Insert into bone

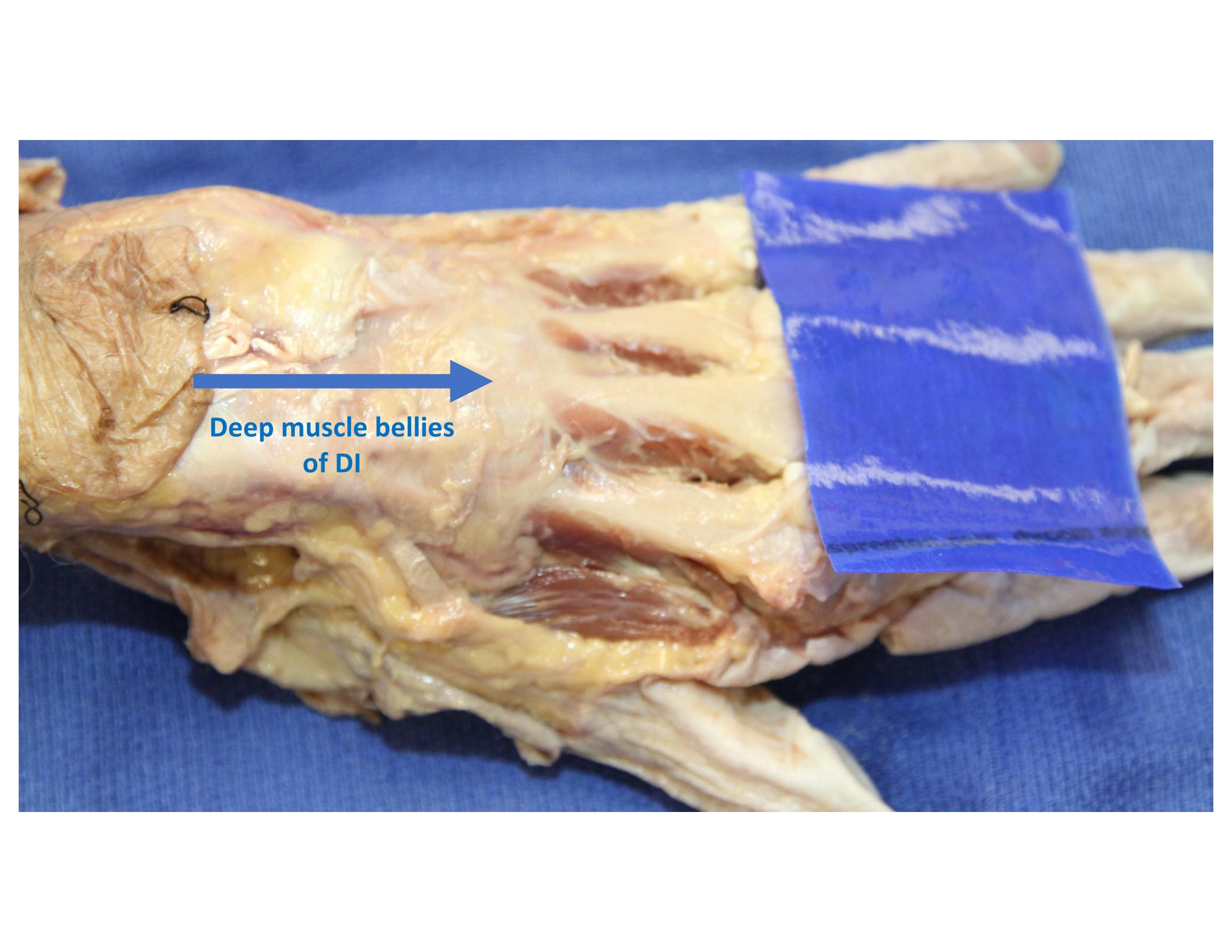




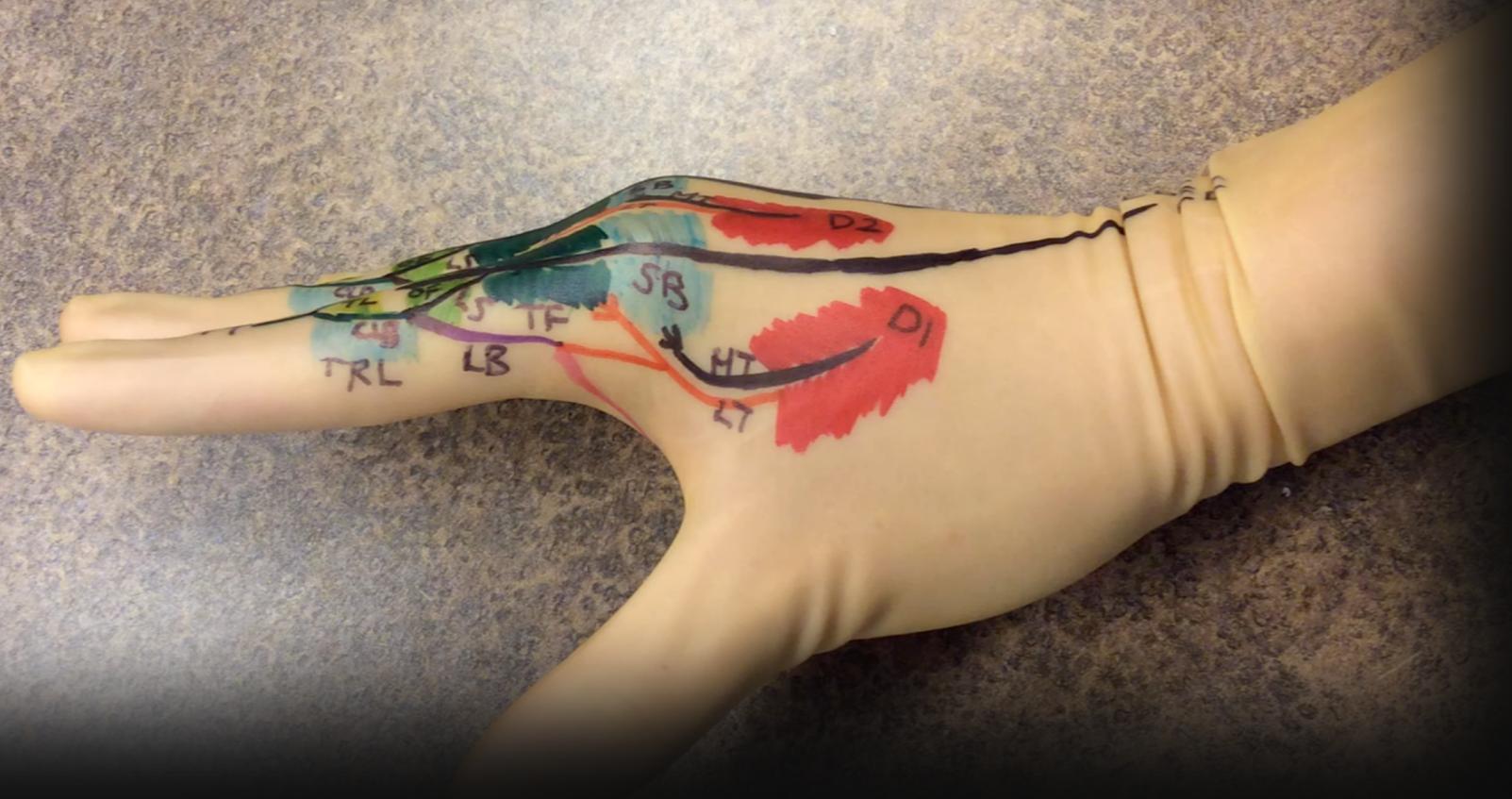


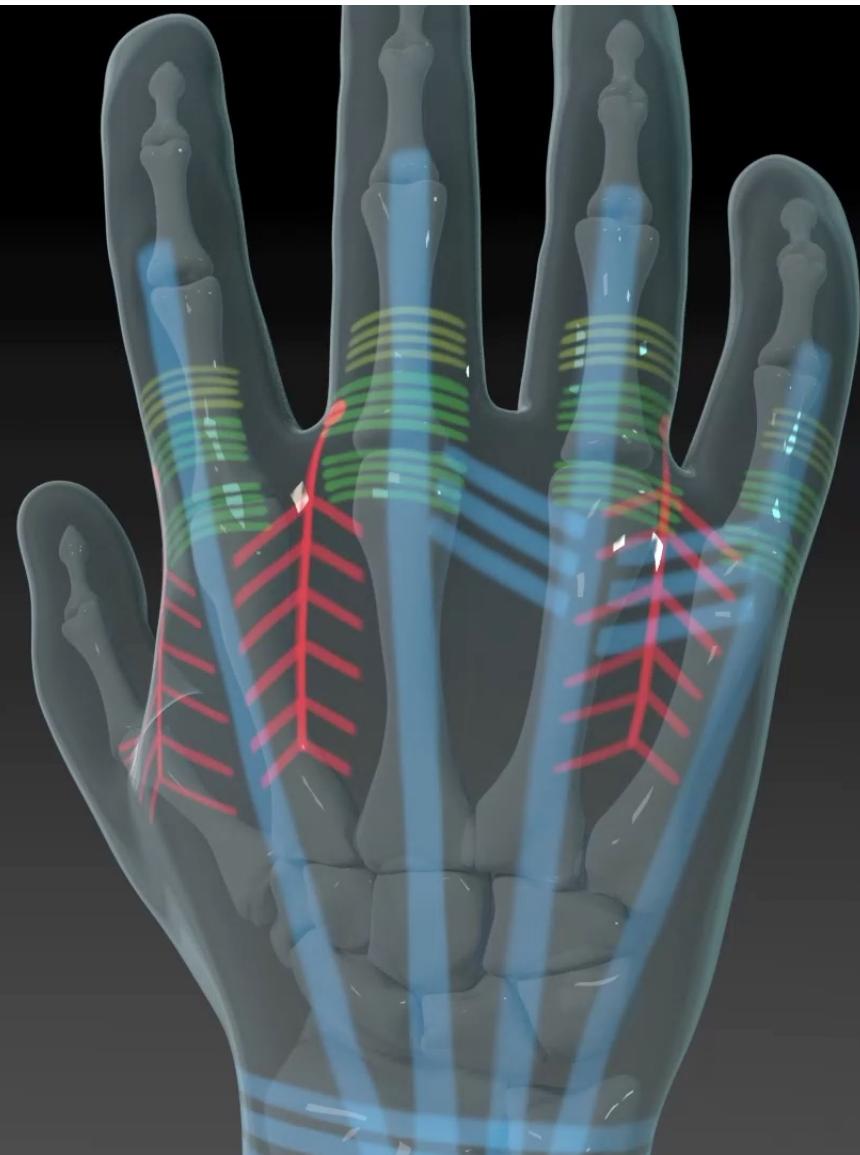
Superficial muscle bellies  
of DI





Deep muscle bellies  
of DI

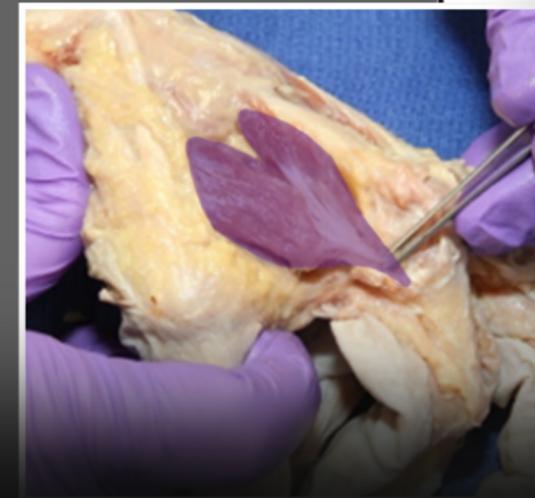
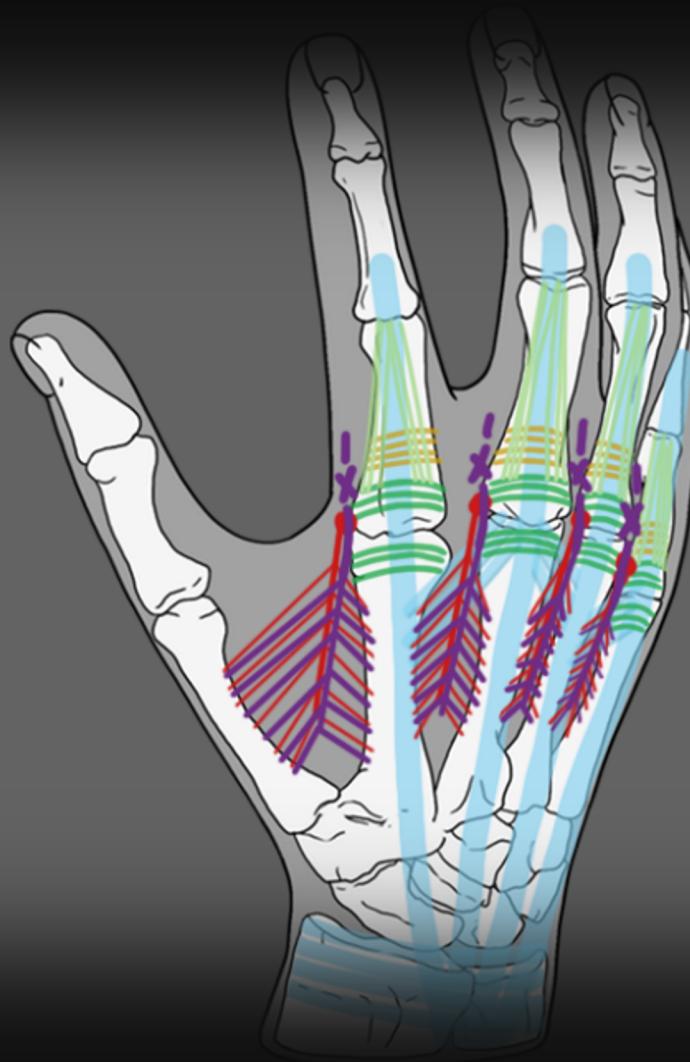




Dorsal Hand



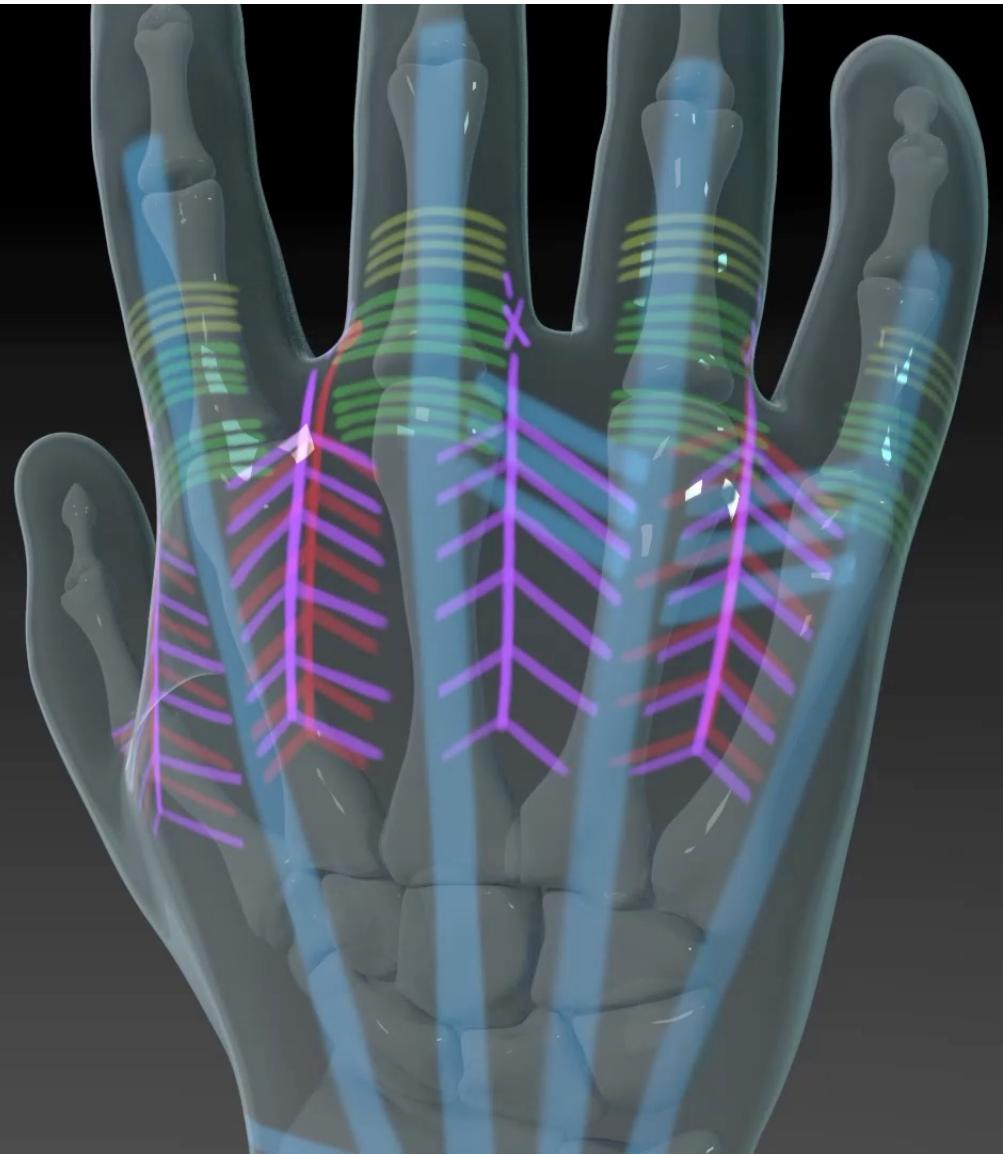
X - Insert into Tissue



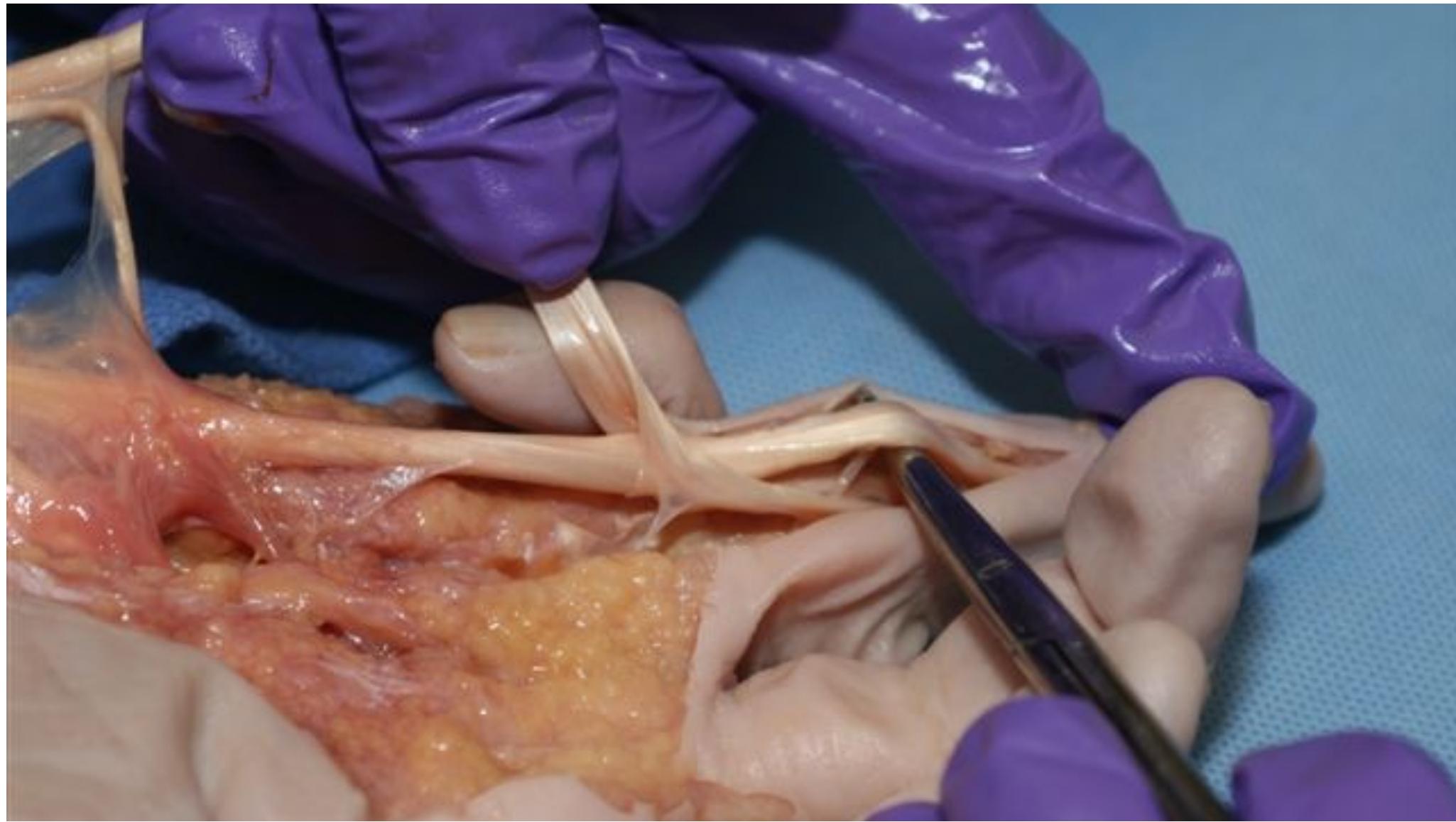




Superficial & Deep muscle bellies  
of DI



Dorsal Hand



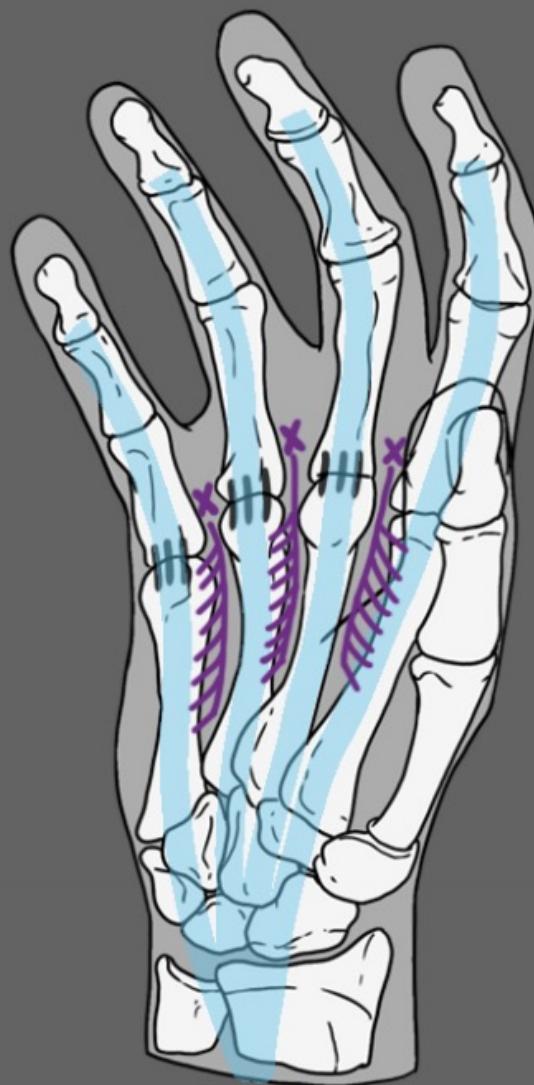


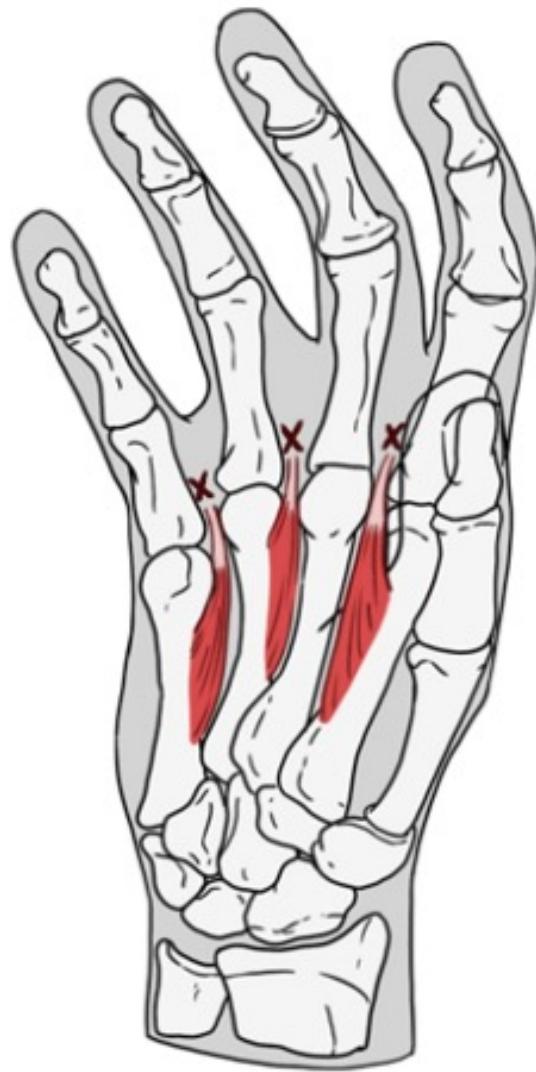
Palmar Interossei





Palmar Hand





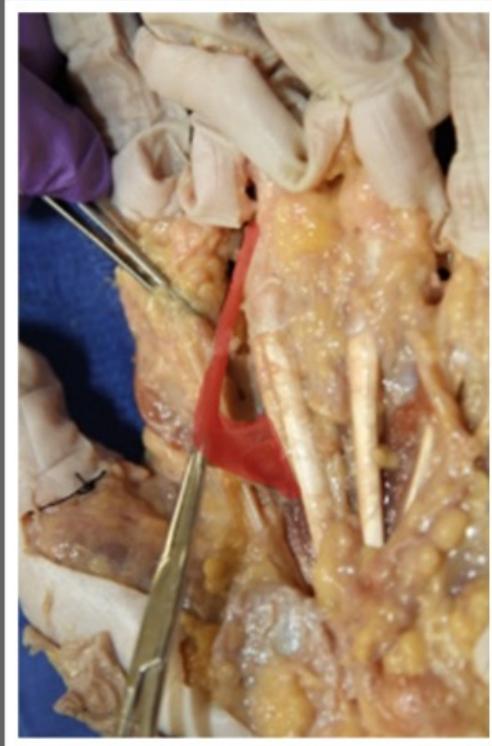


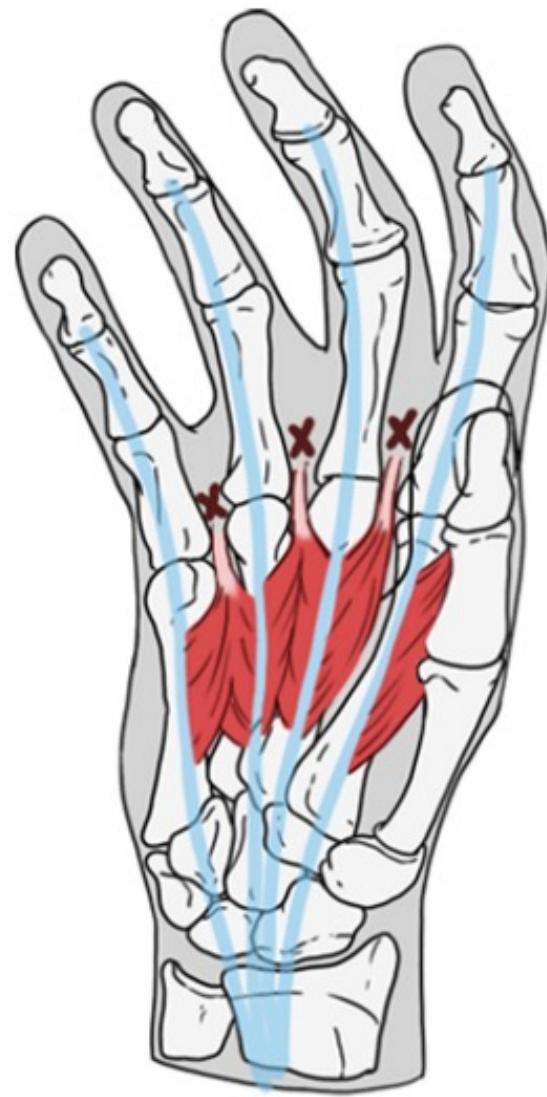


Lumbricals



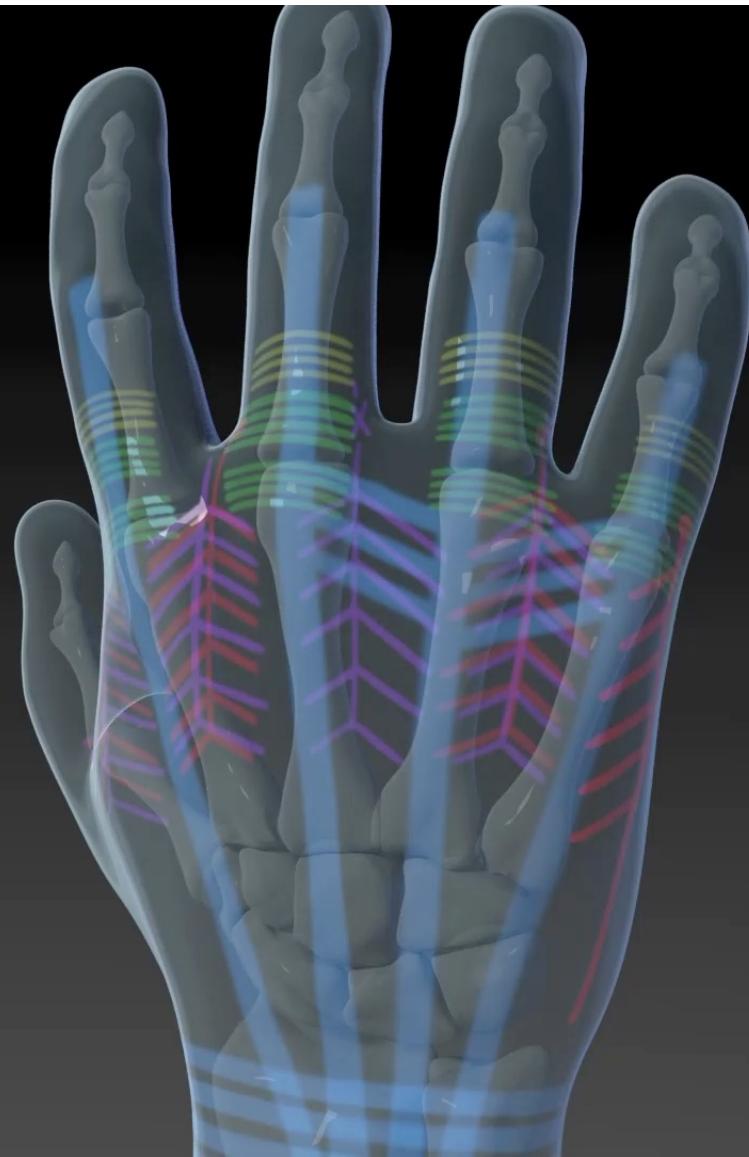
Palmar Hand



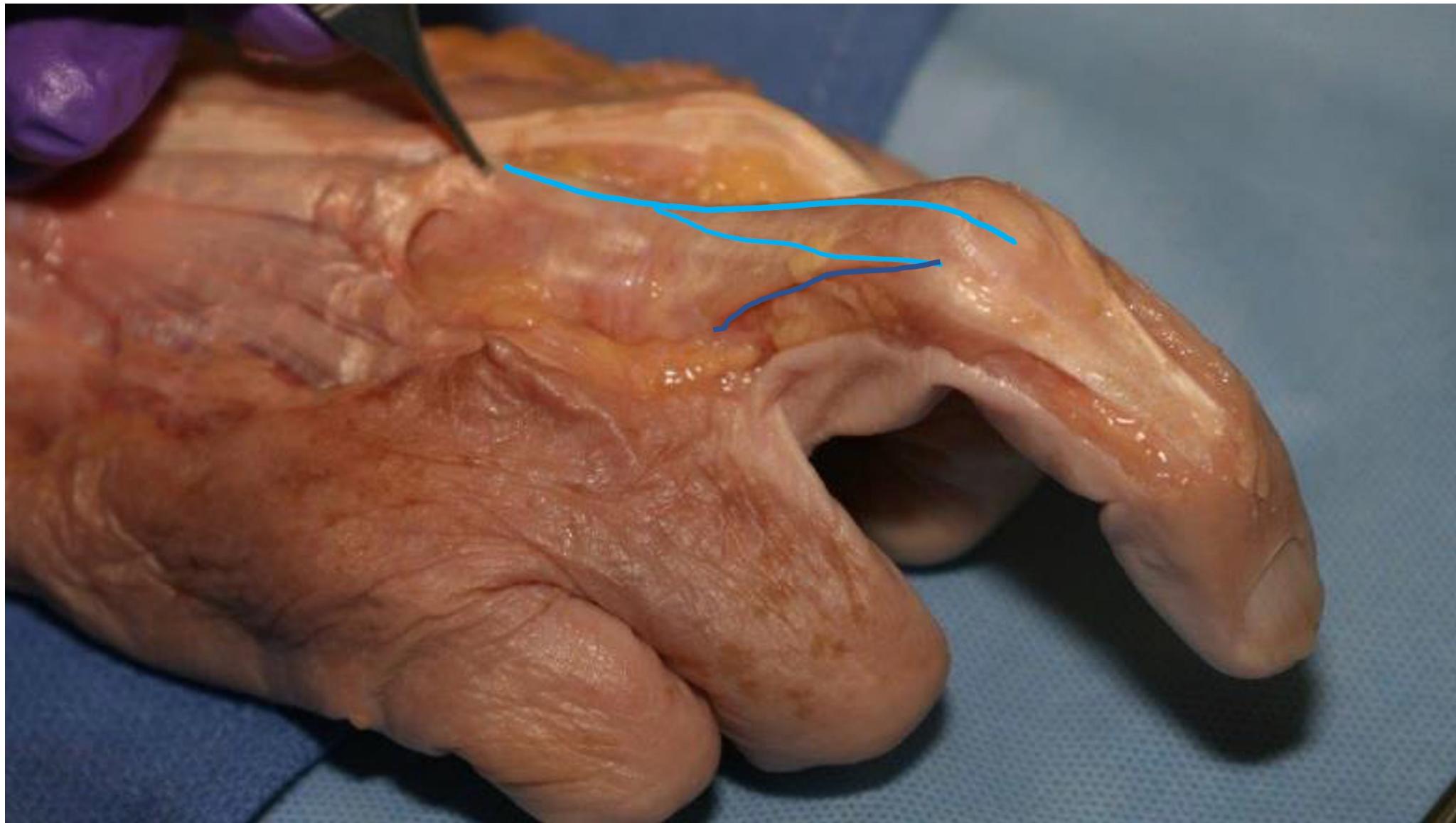




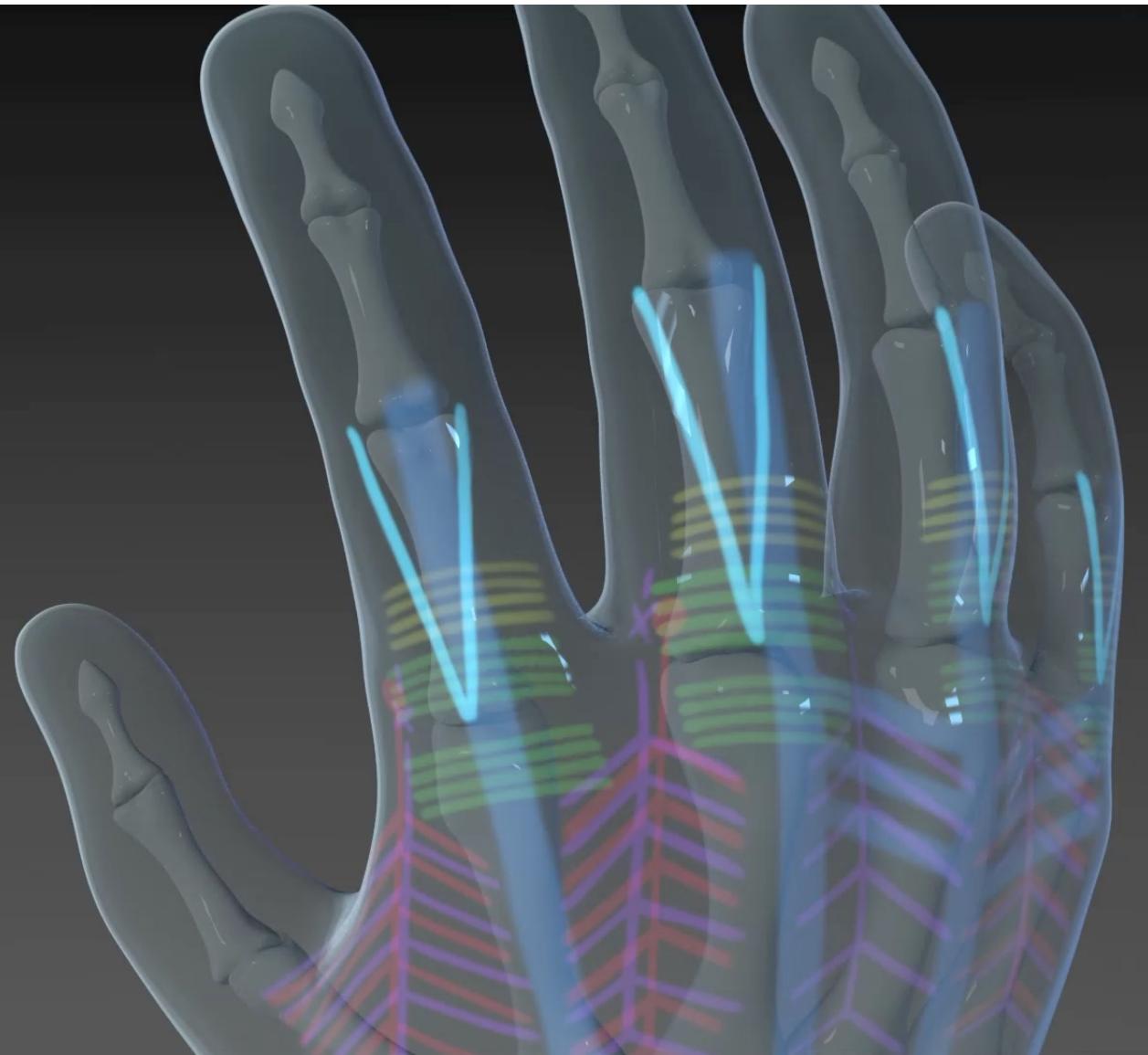




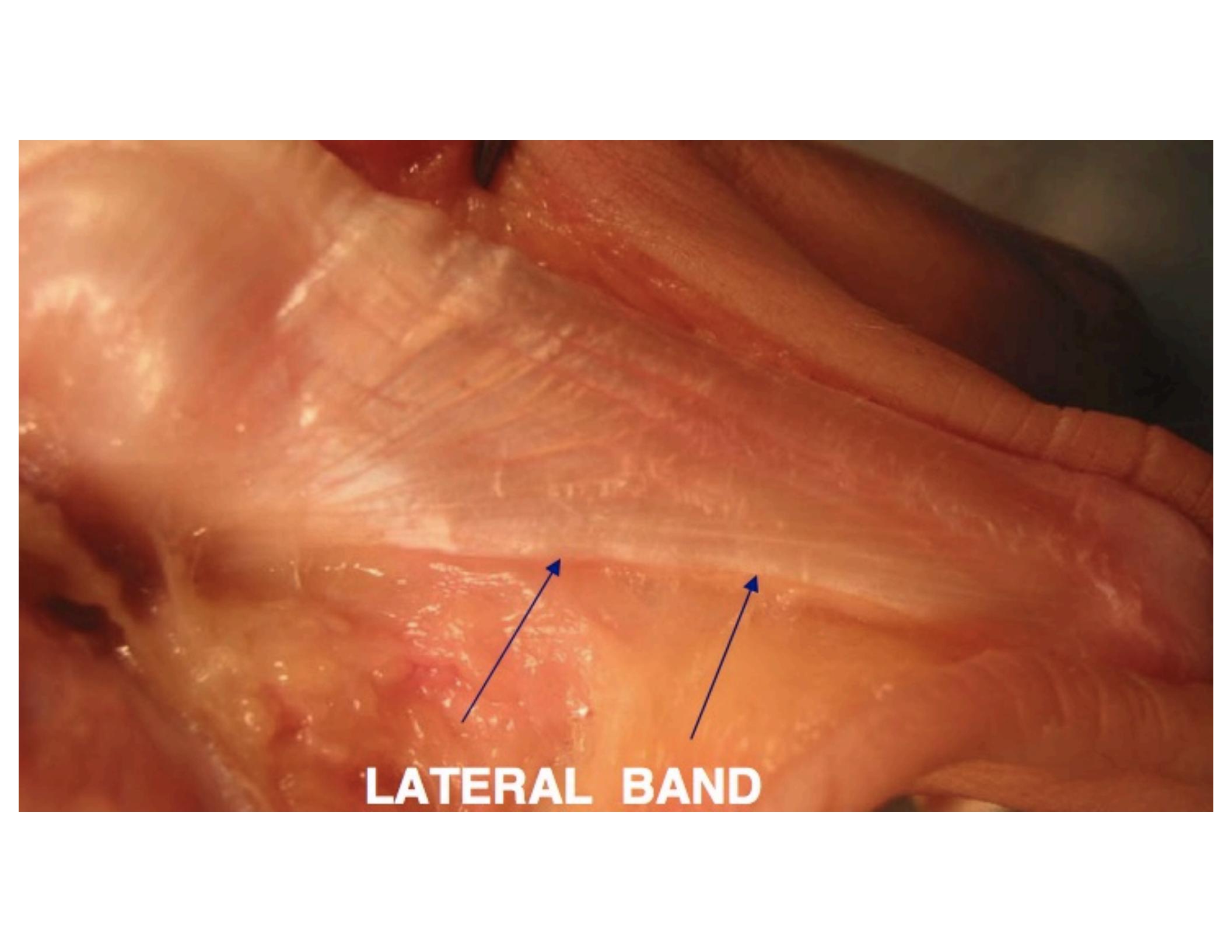
Dorsal Hand



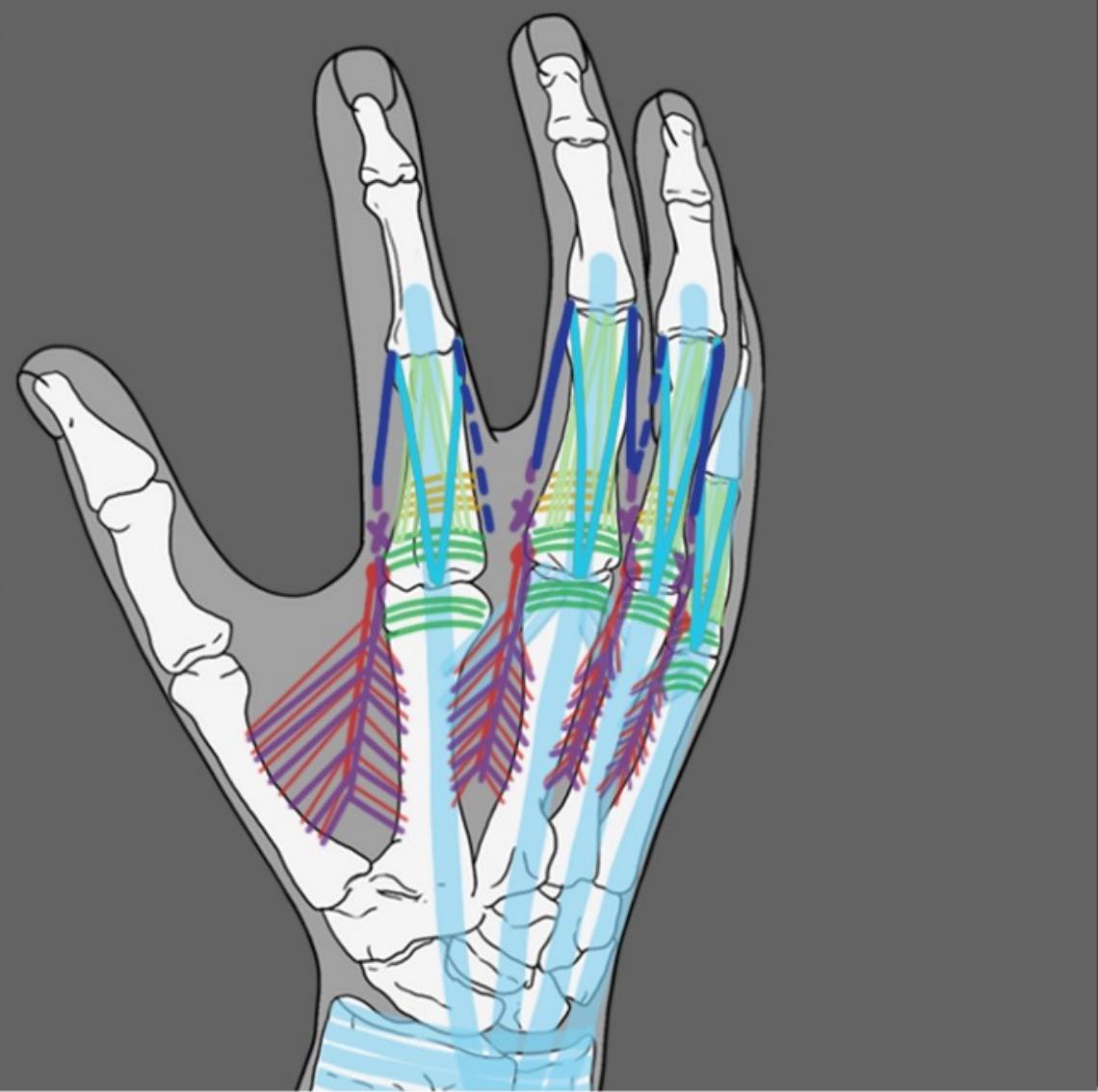
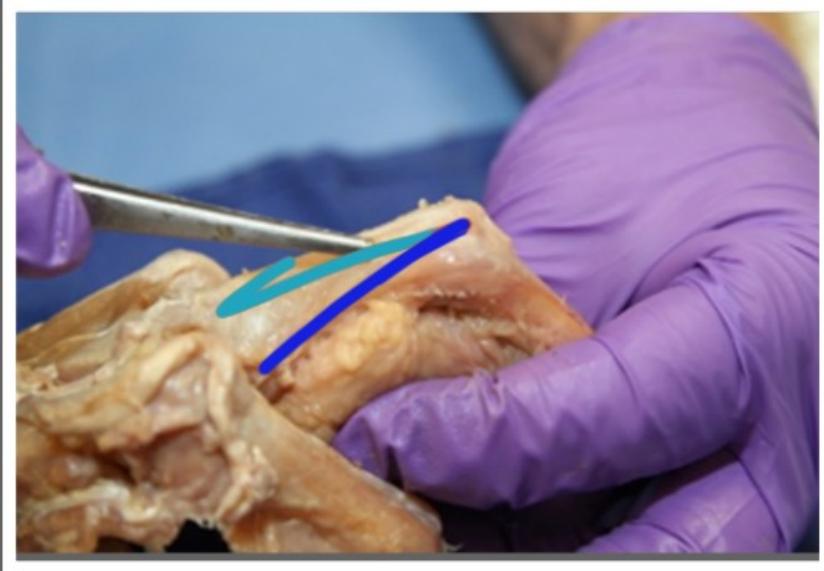
## Lateral Slips



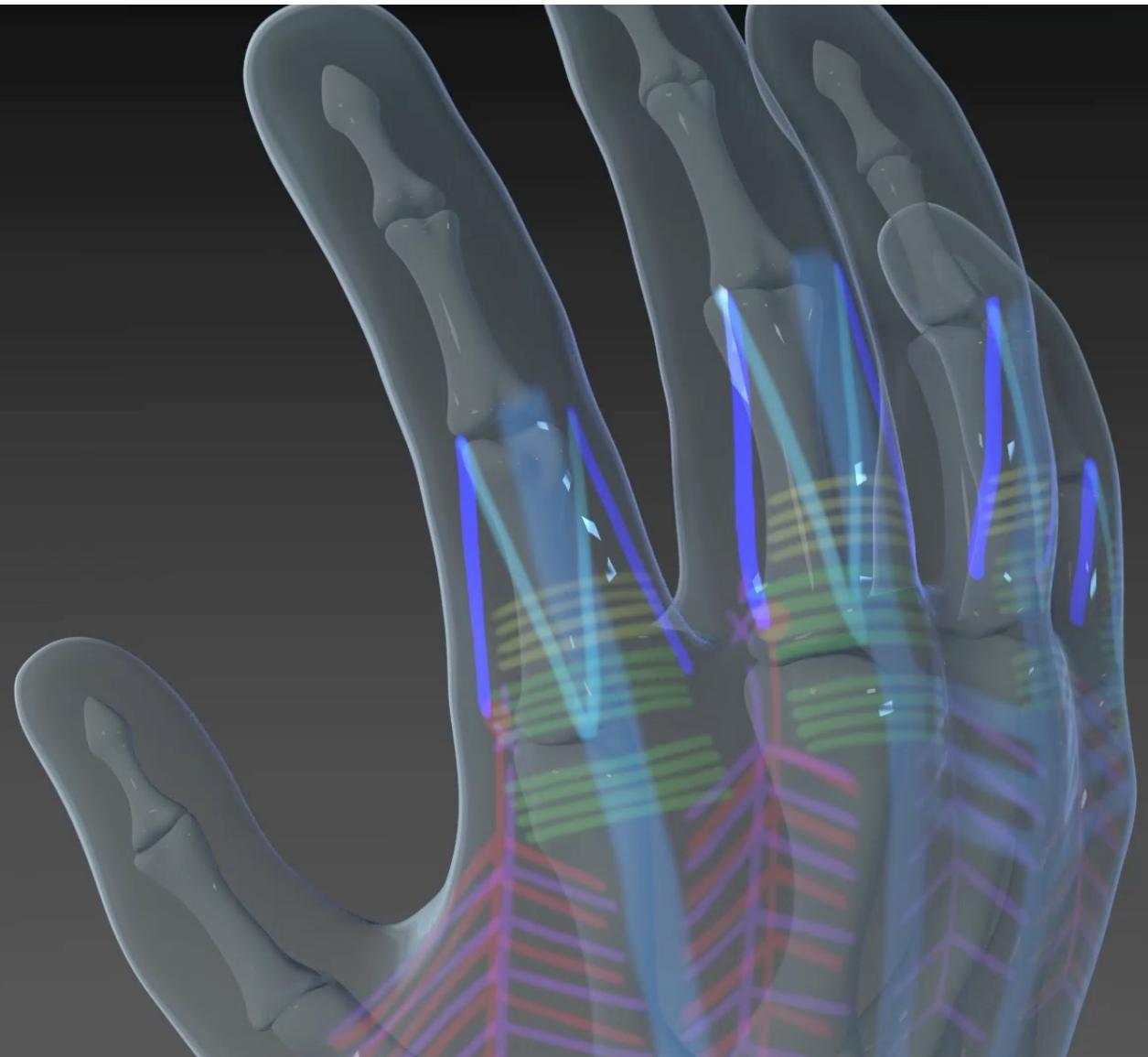
## Dorsal Hand



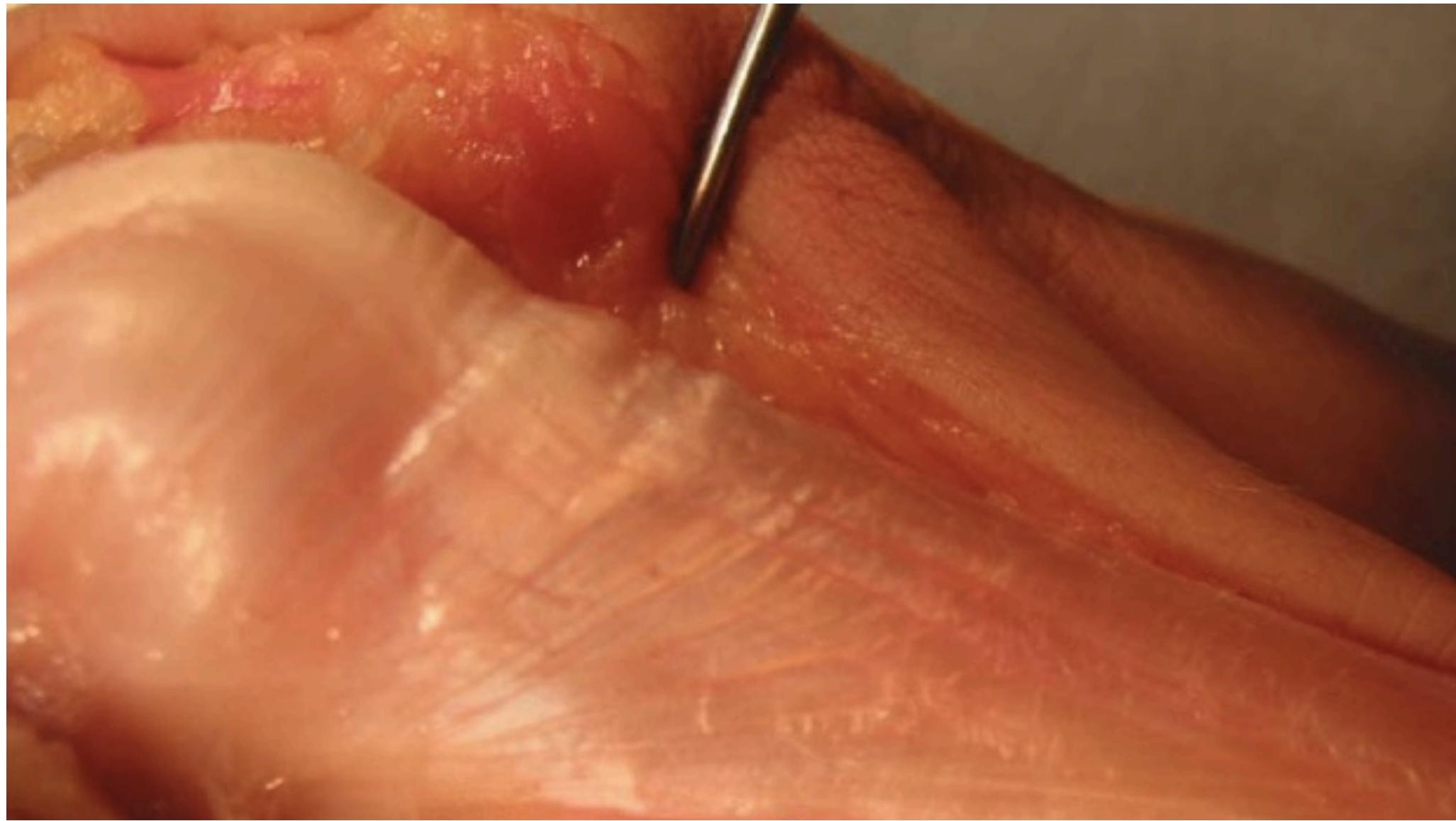
LATERAL BAND



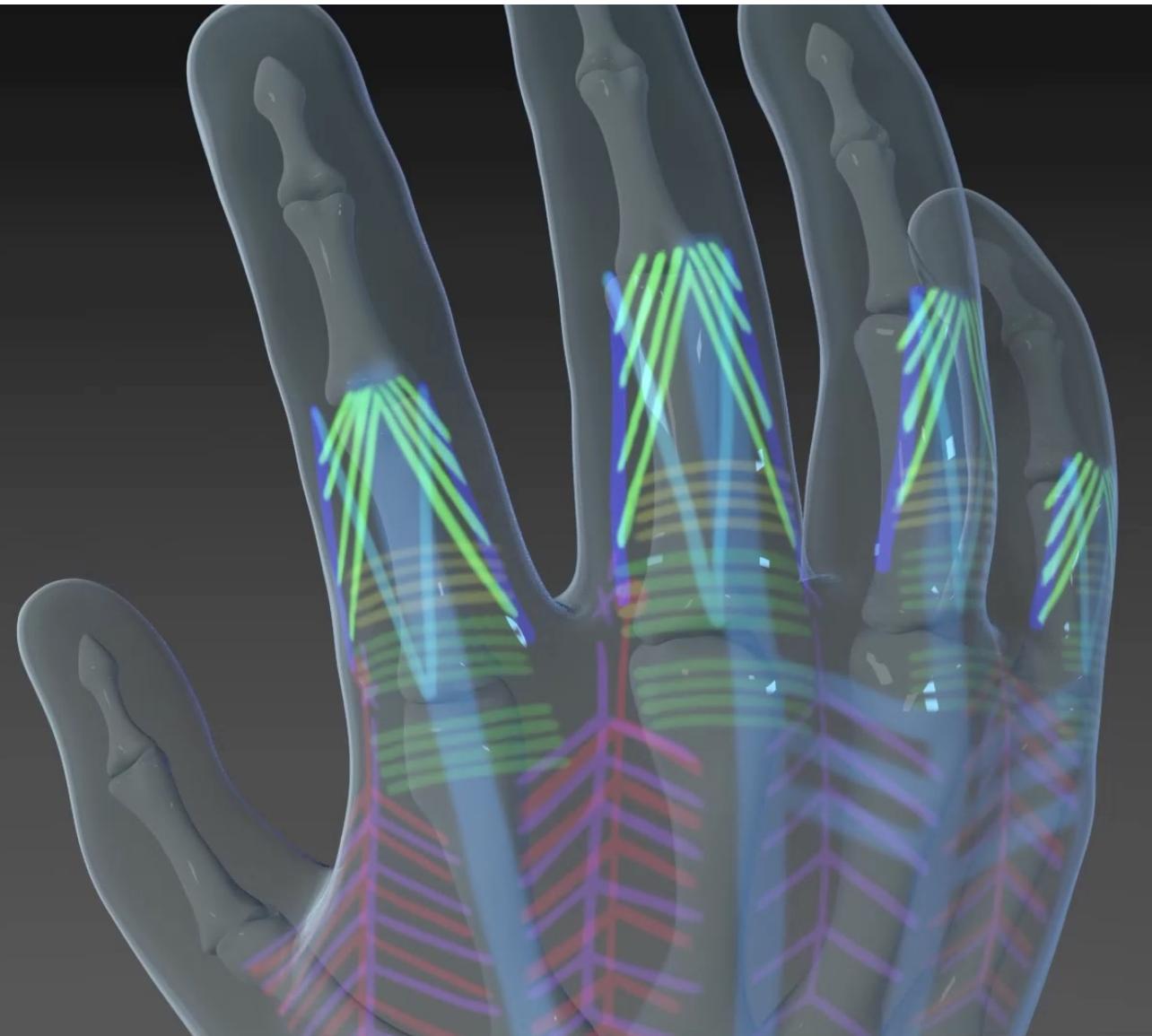
Oblique Fibers



Dorsal Hand



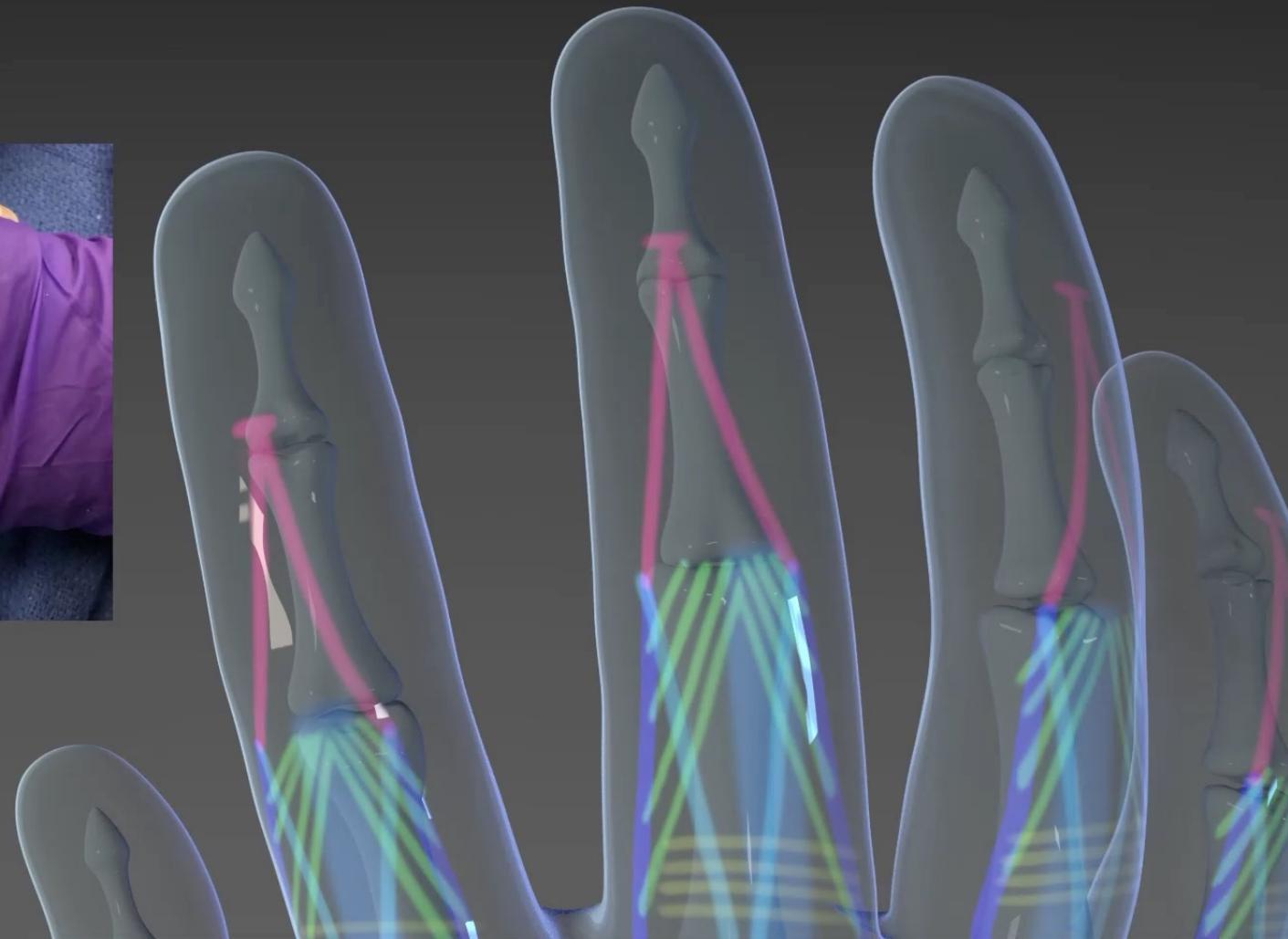
Conjoined Lateral Bands



Dorsal Hand

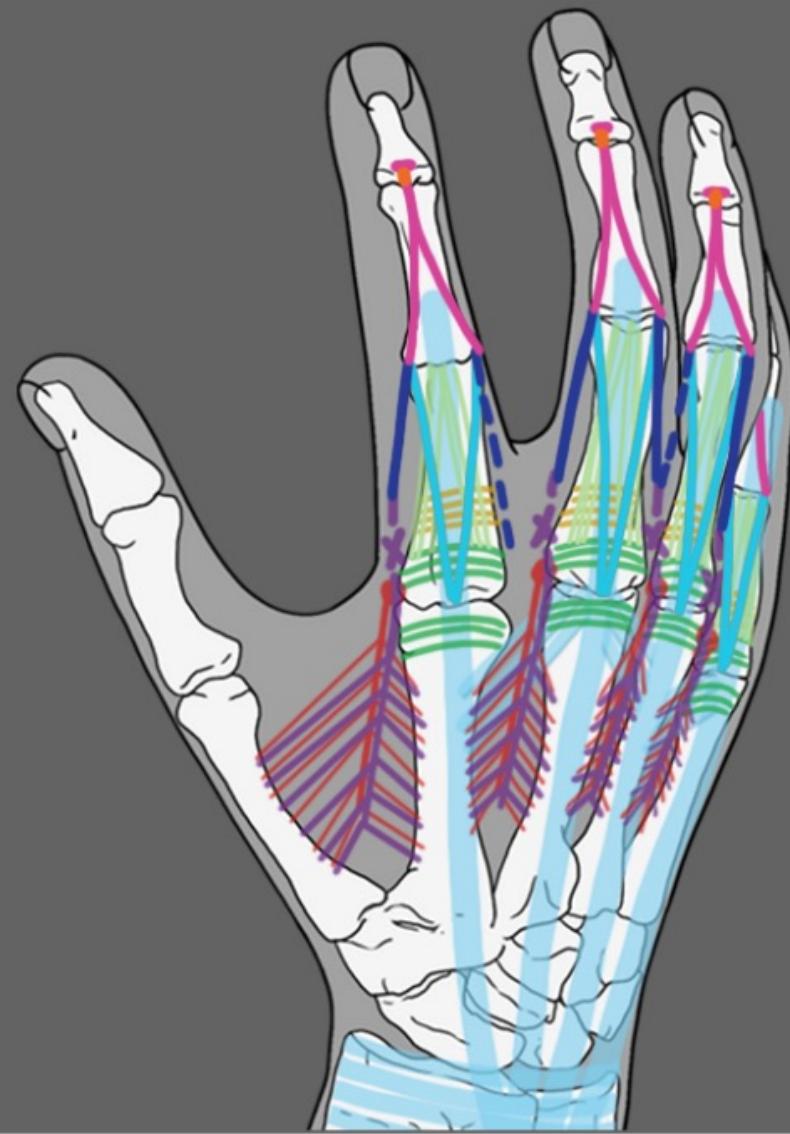
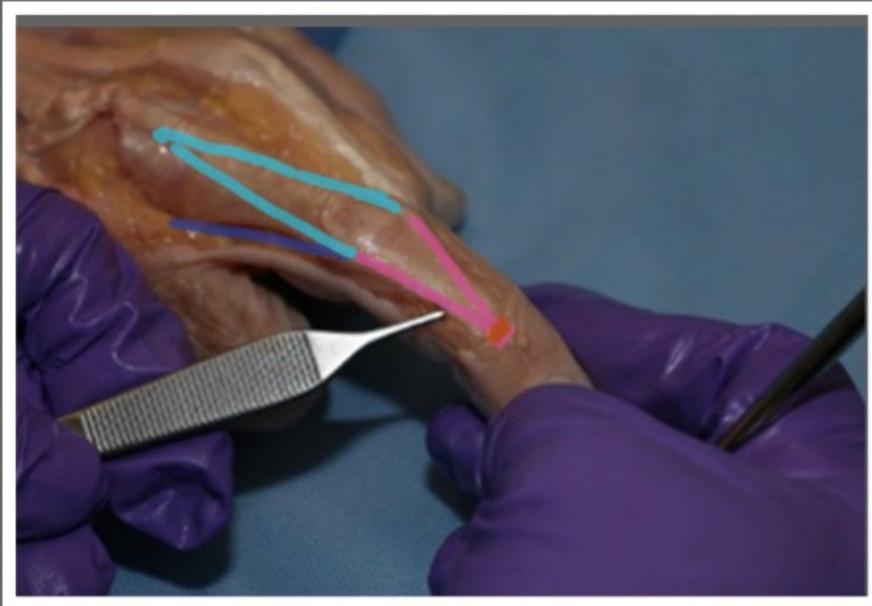


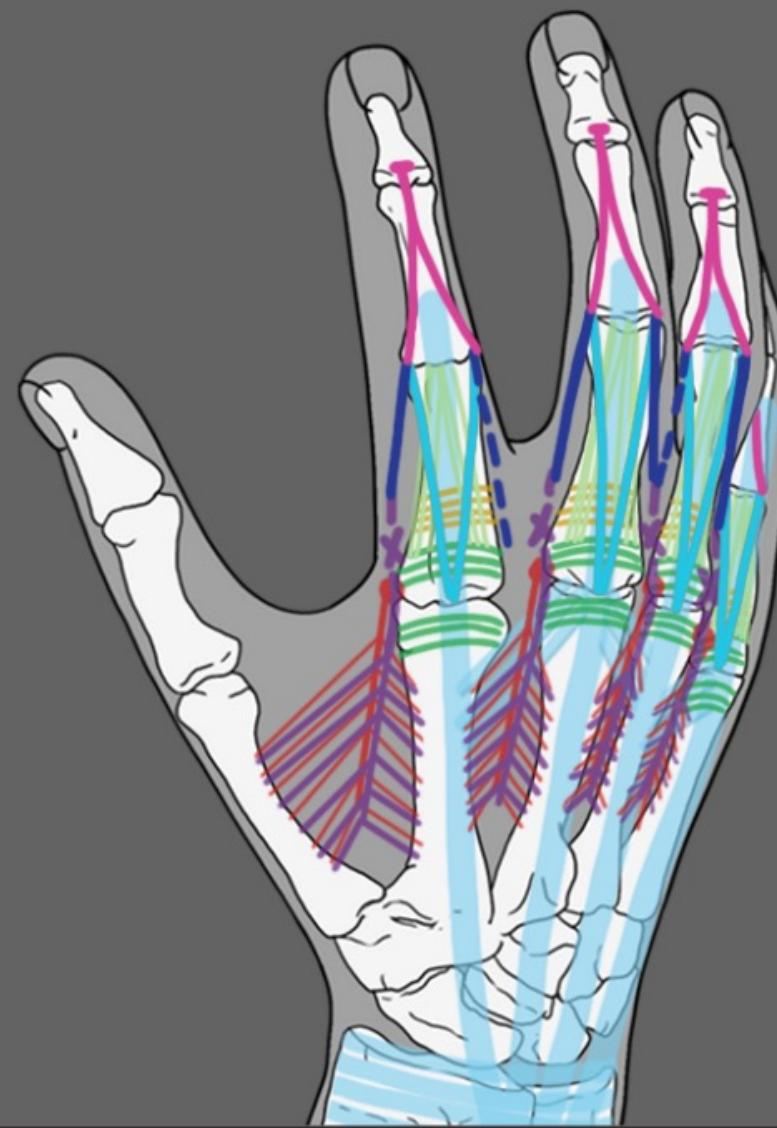
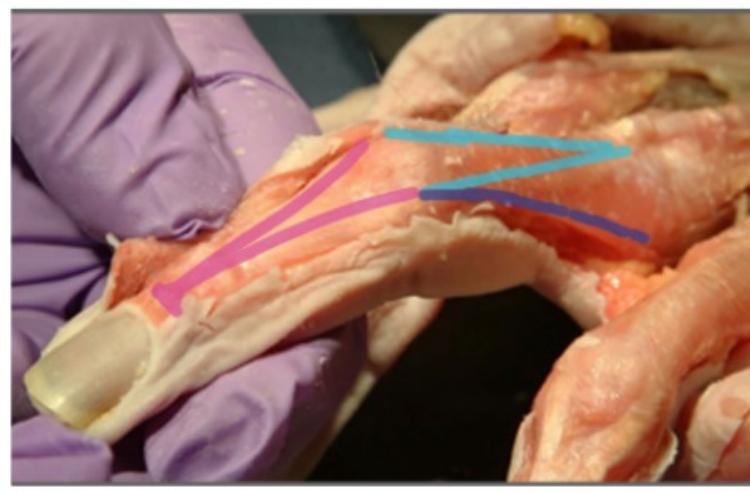
Terminal Tendon



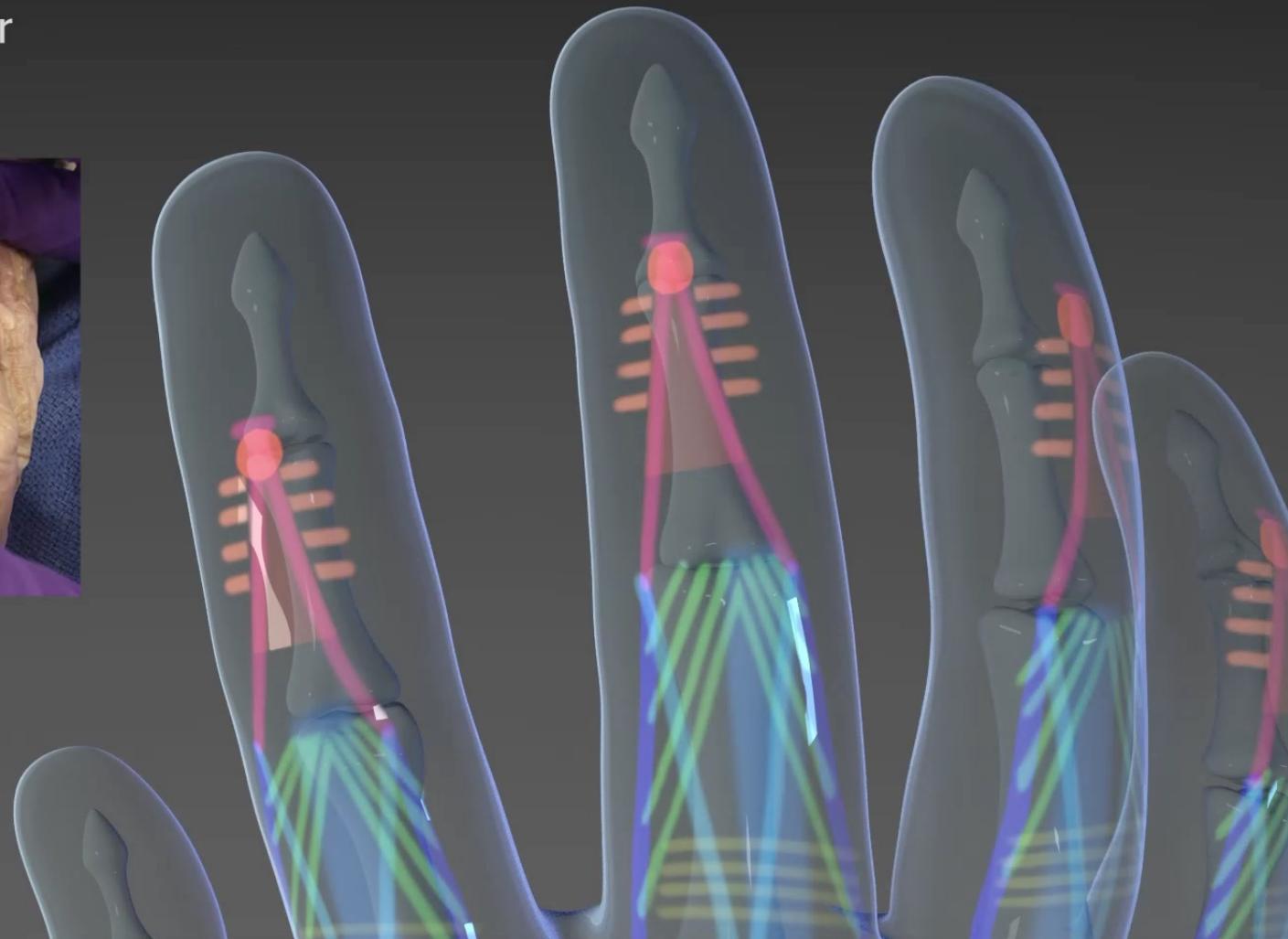
Dorsal Hand



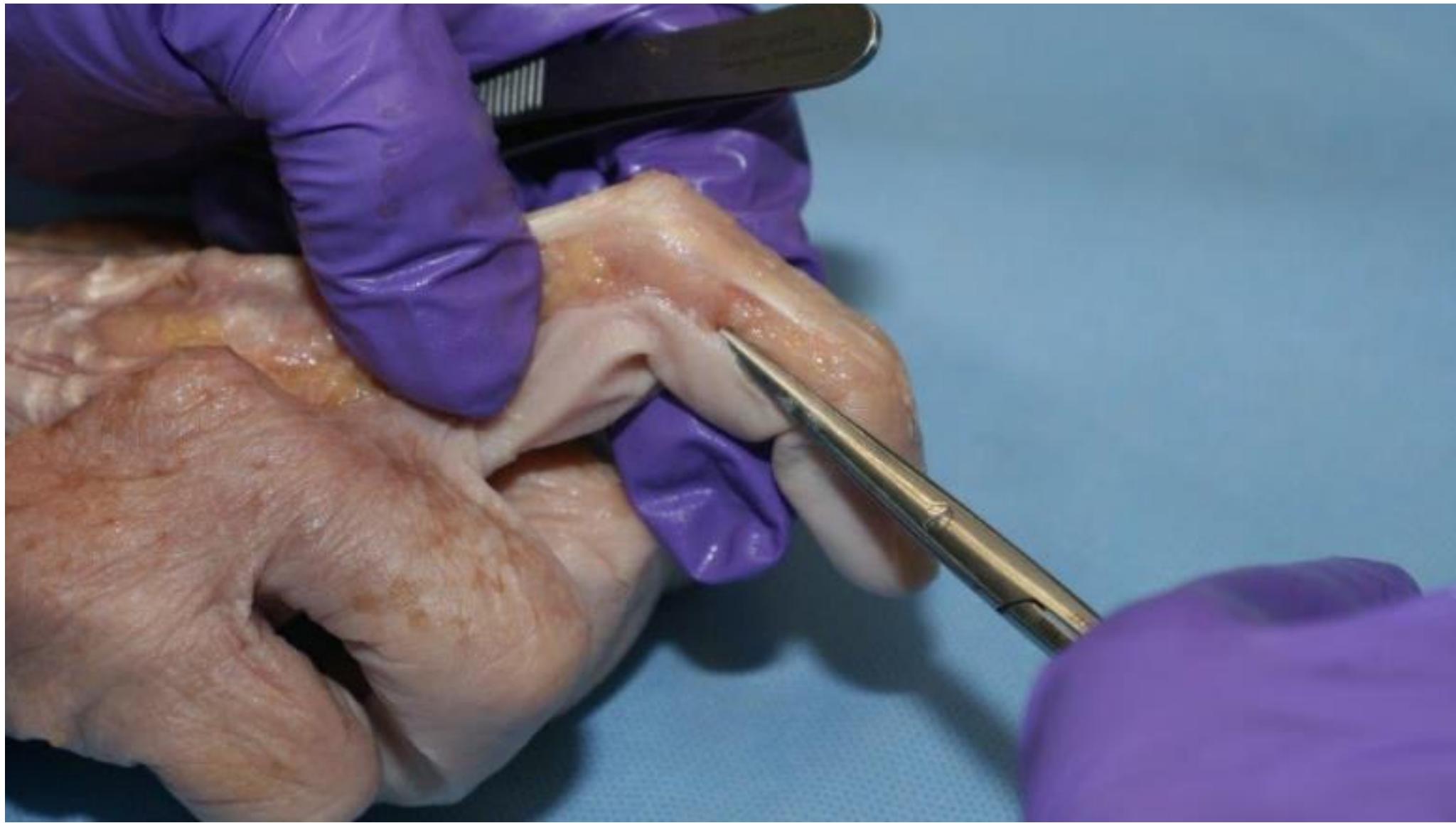




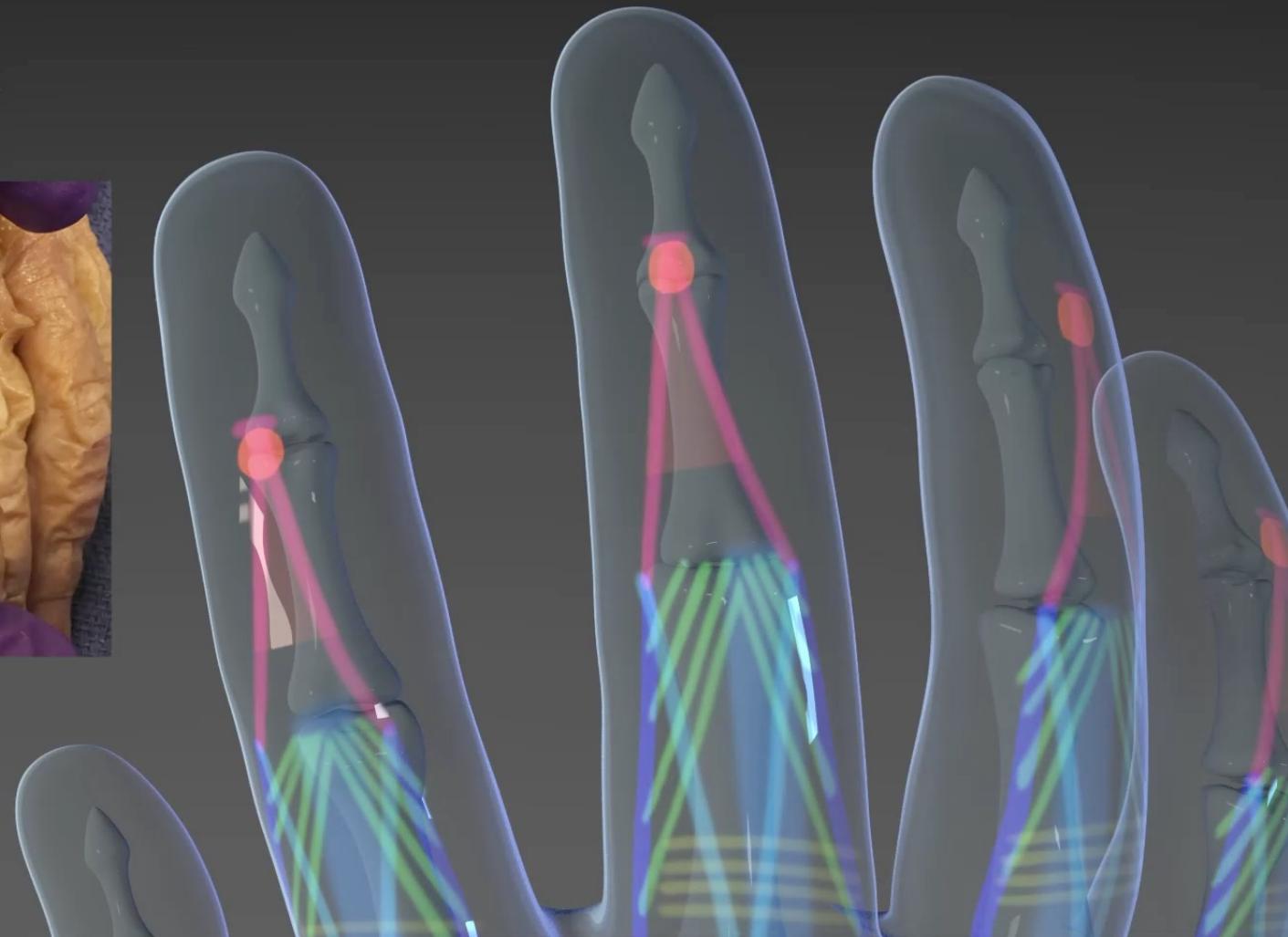
## Transverse Retinacular Ligament



Dorsal Hand



## Triangular Ligament



Dorsal Hand

